# Regularity

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## Contents

1	Averages and the theorem of Lebesgue.		
	1.1	Notation.	2
	1.2	Averages.	3
	1.3	The maximal function.	4
	1.4	A covering lemma.	4
	1.5	Lebesgue's differentiation theorem.	5
<b>2</b>	Rie	sz potentials.	9
3	Sob	olev spaces. 1	.3
	3.1	Definitions.	14
	3.2	Approximation	16
	3.3	Some estimates	20
4	Hölder continuous functions. 27		
	4.1	Definitions.	27
	4.2	The oscillation of a function.	27
	4.3	Characterizations of Hölder continuity.	30
<b>5</b>	Bounded mean oscillation. 32		
	5.1	Definitions.	32
	5.2	The John-Nirenberg theorem.	37
	5.3	Some consequences	11

### 1 Averages and the theorem of Lebesgue.

#### 1.1 Notation.

We consider the space  $\mathbb{R}^n$  with Lebesgue measure m and we also write dm(x) = dx. For  $x \in \mathbb{R}^n$  and r > 0 we define

$$B(x,r) = \{y \in \mathbb{R}^n : |x-y| < r\}$$

and  $B_r = B(0,r)$ ; so  $m(B(x,r)) = m(B_r)$ . The closure of B(x,r) is  $\overline{B}(x,r)$ . We denote by  $\omega_n$  the (n-1)-dimensional surface area of the unit sphere  $\partial B_1$ ; so  $m(B_r) = n^{-1}\omega_n r^n$ . For  $F \subseteq \mathbb{R}^n$  and  $x \in \mathbb{R}^n$  we denote by dist (x, F) the distance of x to F, i.e.,

dist 
$$(x, F) = \inf \{ |x - y| : y \in F \}$$
.

Furthermore, for any non-empty  $D \subseteq \mathbb{R}^n$  we denote the diameter by

diam 
$$(D) = \sup \{ |x - y| : x, y \in D \}$$
.

If  $\Omega \subseteq \mathbb{R}^n$  is an open subset, then we denote by  $L^1_{loc}(\Omega)$  the space of all locally integrable functions on  $\Omega$ , i.e.,  $L^1_{loc}(\Omega)$  consists of all measurable functions  $f : \mathbb{R}^n \to \mathbb{C}$  for which  $\int_K |f| dx < \infty$  for all compact subsets  $K \subseteq \Omega$ (with identification of functions which are equal a.e.). We denote by  $C_c(\Omega)$ the space of all continuous functions on  $\Omega$  with compact support in  $\Omega$  and  $C_c^{\infty}(\Omega)$  is the subspace of all  $C^{\infty}$ -functions in  $C_c(\Omega)$ .

Suppose that  $f : \mathbb{R}^n \to [0, \infty]$  is a measurable function. The distribution function  $d_f : [0, \infty) \to [0, \infty]$  is defined by

$$d_f(\lambda) = m \left\{ x \in \mathbb{R}^n : f(x) > \lambda \right\}.$$

It is clear that  $d_f$  is decreasing and right-continuous. Moreover, if  $d_f(\lambda_0) < \infty$  for some  $\lambda_0 \geq 0$ , then  $d_f(\lambda) \to 0$  as  $\lambda \to \infty$ . If  $f \in L^1(\mathbb{R}^n)$  then

$$d_{|f|}(\lambda) \le \frac{1}{\lambda} \|f\|_1 \tag{1}$$

for all  $\lambda > 0$ . Indeed, with  $E_{\lambda} = \{x \in \mathbb{R}^n : |f(x)| > \lambda\}$  we have

$$\|f\|_{1} \ge \int_{E_{\lambda}} |f(x)| \, dx \ge \lambda m(E_{\lambda}) = \lambda d_{|f|}(\lambda) \, .$$

#### 1.2 Averages.

Let  $f \in L^1_{loc}(\mathbb{R}^n)$  be given. For  $x \in \mathbb{R}^n$  and r > 0 we define

$$\bar{f}_{x,r} = \frac{1}{m(B_r)} \int_{B(x,r)} f(y) \, dy.$$
 (2)

**Remark 1.1** 1. For fixed r > 0, the function  $x \mapsto f_{x,r}$  is continuous. This follows immediately from the dominated convergence theorem.

2. Suppose that  $\Omega \subseteq \mathbb{R}^n$  is open and  $f \in L^1_{loc}(\mathbb{R}^n)$ , then  $f_{|\Omega} \in C(\Omega)$  if and only if  $f_{x,r} \to f(x)$  as  $r \downarrow 0$  uniformly (a.e.) on every compact subset of  $\Omega$ . Indeed, first suppose that  $f_{|\Omega} \in C(\Omega)$  and let  $K \subseteq \Omega$  be compact. There exists  $\delta > 0$  such that the set

$$K_{\delta} = \{ x \in \mathbb{R}^n : \text{dist} (x, K) \le \delta \}$$

is contained in  $\Omega$ . For  $0 < r < \delta$  we have

$$\sup_{x \in K} \left| \bar{f}_{x,r} - f(x) \right| \leq \sup_{x \in K} \frac{1}{m(B_r)} \int_{B(x,r)} |f(y) - f(x)| \, dy$$
  
$$\leq \sup_{x \in K} \sup_{y \in B(x,r)} |f(y) - f(x)|$$
  
$$\leq \sup \left\{ |f(y) - f(x)| : x, y \in K_{\delta}, |y - x| < r \right\},$$

which converges to zero as  $r \downarrow 0$  since f is uniformly continuous on the compact set  $K_{\delta}$ . The converse statement is clear from the above observation.

3. Now assume  $f \in L^1(\mathbb{R}^n)$  that and write  $f_r(x) = \overline{f}_{x,r}$ . We claim that  $\|f_r - f\|_1 \to 0$  as  $r \downarrow 0$ . Indeed,

$$\begin{split} \int_{\mathbb{R}^n} |f_r(x) - f(x)| \, dx &\leq \frac{1}{m(B_r)} \int_{\mathbb{R}^n} \left( \int_{B(x,r)} |f(y) - f(x)| \, dy \right) dx \\ &= \frac{1}{m(B_r)} \int_{\mathbb{R}^n} \left( \int_{B_r} |f(y+x) - f(x)| \, dy \right) dx \\ &= \frac{1}{m(B_r)} \int_{B_r} \left( \int_{\mathbb{R}^n} |f(y+x) - f(x)| \, dx \right) dy \\ &\leq \sup_{y \in B_r} \int_{\mathbb{R}^n} |f(y+x) - f(x)| \, dx \\ &= \sup_{y \in B_r} ||\tau_y f - f||_1 \, . \end{split}$$

If  $f \in C_c(\mathbb{R}^n)$  then it follows by uniform continuity that

$$\sup_{y \in B_r} \|\tau_y f - f\|_1 \to 0 \quad as \ r \downarrow 0.$$
(3)

Since  $C_c(\mathbb{R}^n)$  is dense in  $L^1(\mathbb{R}^n)$  this implies that (3) holds for all  $f \in L^1(\mathbb{R}^n)$ , which proves the claim.

It follows in particular from this last remark that for every  $f \in L^1(\mathbb{R}^n)$ there exists some sequence  $r_k \downarrow 0$  such that  $f_{x,r_k} \to f(x)$  for almost all  $x \in \mathbb{R}^n$ . This is however not enough to conclude that  $f_{x,r} \to f(x)$  as  $r \downarrow 0$ for almost all  $x \in \mathbb{R}^n$ , which is Lebesgue's theorem. For the proof of this we need some preparations.

#### **1.3** The maximal function.

For  $f \in L^1_{loc}(\mathbb{R}^n)$  we define the maximal function  $Mf : \mathbb{R}^n \to [0, \infty]$  by

$$Mf(x) = \sup_{r>0} \frac{1}{m(B_r)} \int_{B(x,r)} |f(y)| \, dy.$$
(4)

The mapping  $M : f \mapsto Mf$  is called the Hardy-Littlewood maximal operator. Since Mf is the pointwise supremum of continuous functions it follows that Mf is lower semi-continuous. In particular Mf is a measurable function. The following simple properties of the operator M are easily verified:

- 1.  $M(f+g) \leq Mf + Mg$  and  $M(\lambda f) = |\lambda| Mf$  for all  $f, g \in L^1_{loc}(\mathbb{R}^n)$ and all  $\lambda \in \mathbb{C}$ ;
- 2. if  $|f| \leq |g|$  a.e. in  $L^1_{loc}(\mathbb{R}^n)$  then  $Mf \leq Mg$ ;
- 3.  $||Mf||_{\infty} \leq ||f||_{\infty}$  for all  $f \in L^{\infty}(\mathbb{R}^n)$ .

Observe that  $Mf \in L^1(\mathbb{R}^n)$  implies that f = 0 a.e. Indeed, if  $0 \neq f \in L^1_{loc}(\mathbb{R}^n)$  then there exists a constant c > 0 such that  $Mf(x) \geq c |x|^{-n}$  as  $|x| \to \infty$ , so  $Mf \notin L^1(\mathbb{R}^n)$ . Furthermore, Mf need not be locally integrable in general.

#### 1.4 A covering lemma.

Our next objective is to estimate the size of the maximal function. For this we need a Vitali type covering lemma.

**Lemma 1.2** Suppose that K is a compact subset of  $\mathbb{R}^n$  and that  $\mathcal{B}$  is a collection of open balls such that  $K \subseteq \bigcup \{B : B \in \mathcal{B}\}$ . Then there exist finitely many disjoint balls  $B_1, \ldots, B_k \in \mathcal{B}$  such that

$$m(K) \le 3^n \sum_{j=1}^k m(B_j).$$

**Proof.** Since K is compact we may assume without loss of generality that  $\mathcal{B}$  is finite. Let  $B_1$  be a ball in  $\mathcal{B}$  with largest radius  $r_1$ . Then take  $B_2 \in \mathcal{B}$  disjoint from  $B_1$  with largest radius  $r_2$ . Let  $B_3$  be the largest ball with radius  $r_3$  in  $\mathcal{B}$  disjoint from  $B_1$  and  $B_2$ , etc. Since  $\mathcal{B}$  is finite this process stops after finitely many, say k steps. By construction the balls  $B_1, \ldots, B_k$  are disjoint. Let  $\tilde{B}_j$  be the ball with the same center as  $B_j$  and with radius  $3r_j$ . We claim that

$$K \subseteq \bigcup_{j=1}^k \tilde{B}_j$$

Indeed, suppose not. Then there exists  $x \in K$  such that  $x \notin B_j$  for all  $j = 1, \ldots, k$ . Since  $\mathcal{B}$  covers K, there exists  $B \in \mathcal{B}$  with radius r such that  $x \in B$ . By the choice of  $B_1$  we have  $r \leq r_1$ . Since  $x \notin \tilde{B}_1$  it follows that  $B \cap B_1 = \emptyset$ . Hence, by the choice of  $B_2$  we have  $r \leq r_2$ . Since  $x \notin \tilde{B}_2$  this implies that  $B \cap B_2 = \emptyset$ . Continuing this way it follows that B is disjoint with all balls  $B_1, \ldots, B_k$  and that  $r \leq r_k$ . This is clearly a contradiction, which proves the claim. Since  $m\left(\tilde{B}_j\right) = 3^n m(B_j)$ , we conclude that

$$m(K) \le \sum_{j=1}^{k} m\left(\tilde{B}_{j}\right) = 3^{n} \sum_{j=1}^{k} m\left(B_{j}\right)$$

by which the lemma is proved.  $\blacksquare$ 

#### 1.5 Lebesgue's differentiation theorem.

Using the covering lemma we can now give a weak type estimate for the maximal function. For the case n = 1 this result is due to F. Riesz (1932); the general case was proved by N. Wiener (1939).

**Theorem 1.3** If  $f \in L^1(\mathbb{R}^n)$  then

$$m\left\{x \in \mathbb{R}^{n} : Mf\left(x\right) > \lambda\right\} \leq \frac{C_{n}}{\lambda} \left\|f\right\|_{1}$$

$$\tag{5}$$

for all  $\lambda > 0$  (where  $C_n$  is a constant only depending on the dimension n).

**Proof.** Take  $\lambda > 0$  and put  $E_{\lambda} = \{x \in \mathbb{R}^n : Mf(x) > \lambda\}$ . Let  $K \subseteq E_{\lambda}$  be compact. For each  $x \in K$  there exists a ball  $B(x, r_x)$  such that

$$\frac{1}{m\left(B_{r_x}\right)} \int_{B(x,r_x)} \left| f\left(y\right) \right| dy > \lambda.$$
(6)

Now apply Lemma 1.2 to the set K and  $\mathcal{B} = \{B(x, r_x) : x \in K\}$ . Hence there exist disjoint balls  $B(x_1, r_1), \ldots, B(x_k, r_k)$  in  $\mathcal{B}$  such that

$$m(K) \le 3^n \sum_{j=1}^k m(B(x_j, r_j)).$$

Hence it follows from (6) that

$$m(K) \leq 3^{n} \sum_{j=1}^{k} m(B_{r_{j}}) < \frac{3^{n}}{\lambda} \sum_{j=1}^{k} \int_{B(x_{j},r_{j})} |f(y)| dy$$
$$\leq \frac{3^{n}}{\lambda} \int_{\mathbb{R}^{n}} |f(y)| dy = \frac{3^{n}}{\lambda} ||f||_{1}.$$

Since  $m(E_{\lambda}) = \sup \{m(K) : K \text{ is compact and } K \subseteq E_{\lambda}\}$ , this implies (5).

Using the above weak estimate on Mf we can prove the Lebesgue differentiation theorem.

**Theorem 1.4** If  $f \in L^1(\mathbb{R}^n)$  then

$$\lim_{r \downarrow 0} \frac{1}{m(B_r)} \int_{B(x,r)} |f(y) - f(x)| \, dy = 0 \tag{7}$$

for almost all  $x \in \mathbb{R}^n$ .

**Proof.** For  $f \in L^1(\mathbb{R}^n)$  and  $x \in \mathbb{R}^n$  we define

$$Nf(x) = \limsup_{r \downarrow 0} \frac{1}{m(B_r)} \int_{B(x,r)} |f(y) - f(x)| \, dy,$$

so  $Nf : \mathbb{R}^n \to [0, \infty]$  and a moment's reflection shows that Nf is measurable. We have to show that Nf = 0 a.e. on  $\mathbb{R}^n$ . First we show that Nf satisfies a weak estimate. Take  $\lambda > 0$ . Since

$$Nf(x) \le Mf(x) + |f(x)|$$

for all x, it follows that

$$\left\{x \in \mathbb{R}^{n} : Nf\left(x\right) > \lambda\right\} \subseteq \left\{x \in \mathbb{R}^{n} : Mf\left(x\right) > \frac{\lambda}{2}\right\} \cup \left\{x \in \mathbb{R}^{n} : |f\left(x\right)| > \frac{\lambda}{2}\right\}$$

and so via Theorem 1.3 and (1) we find

$$m \{x \in \mathbb{R}^{n} : Nf(x) > \lambda\} \leq m \left\{x \in \mathbb{R}^{n} : Mf(x) > \frac{\lambda}{2}\right\}$$
$$+ m \left\{x \in \mathbb{R}^{n} : |f(x)| > \frac{\lambda}{2}\right\}$$
$$\leq \frac{2C_{n}}{\lambda} \|f\|_{1} + \frac{2}{\lambda} \|f\|_{1} = \frac{C}{\lambda} \|f\|_{1}.$$
(8)

Now fix  $f \in L^1(\mathbb{R}^n)$ . For every  $g \in C_c(\mathbb{R}^n)$  it follows via uniform continuity that Ng = 0. Moreover it is clear that N is subadditive and so

$$Nf \le N(f-g) + Ng = N(f-g).$$

Take  $\lambda > 0$ . Then it follows from (8)

$$\begin{split} m\left\{x\in\mathbb{R}^{n}:Nf\left(x\right)>\lambda\right\} &\leq m\left\{x\in\mathbb{R}^{n}:N\left(f-g\right)\left(x\right)>\lambda\right\}\\ &\leq \frac{C}{\lambda}\left\|f-g\right\|_{1}. \end{split}$$

Since this holds for all  $g \in C_c(\mathbb{R}^n)$  and since  $C_c(\mathbb{R}^n)$  is dense in  $L^1(\mathbb{R}^n)$  this implies that  $m \{x \in \mathbb{R}^n : Nf(x) > \lambda\} = 0$  for all  $\lambda > 0$ , hence Nf = 0 a.e. This completes the proof of the theorem.

**Corollary 1.5** Let  $\Omega$  be an open subset of  $\mathbb{R}^n$  and  $f \in L^1_{loc}(\Omega)$ . Then (7) holds for almost all  $x \in \Omega$ .

**Proof.** Let  $\{\Omega_k\}_{k=1}^{\infty}$  be a sequence of open subset of  $\Omega$  such that  $\Omega = \bigcup_{k=1}^{\infty} \Omega_k$ ,  $\overline{\Omega}_k \subseteq \Omega_{k+1}$  and  $\overline{\Omega}_k$  is compact for all k. Define  $f_k \in L^1(\mathbb{R}^n)$  by  $f_k = f$  on  $\overline{\Omega}_k$  and  $f_k = 0$  on  $\mathbb{R}^n \setminus \overline{\Omega}_k$ . Applying theorem 1.4 to the function  $f_k$  we see that (7) holds a.e. on  $\Omega_k$  and we are done.

The following corollary is now clear.

**Corollary 1.6** Let  $\Omega$  be an open subset of  $\mathbb{R}^n$  and  $f \in L^1_{loc}(\Omega)$ . Then the following statements hold.

1. For almost all  $x \in \Omega$  we have

$$\lim_{r \downarrow 0} \frac{1}{m(B_r)} \int_{B(x,r)} f(y) \, dy = f(x) \,. \tag{9}$$

2.  $|f(x)| \le Mf(x)$  a.e. on  $\Omega$ .

The above results motivate the following definition.

**Definition 1.7** Suppose that  $\Omega \subseteq \mathbb{R}^n$  is open and that  $f \in L^1_{loc}(\Omega)$ . The set of all points  $x \in \Omega$  for which

$$\lim_{r\downarrow 0} \frac{1}{m(B_r)} \int_{B(x,r)} |f(y) - f(x)| \, dy = 0$$

is called the Lebesgue set of the function f. We denote this set by  $\mathcal{L}_f$ .

If  $f \in L^1_{loc}(\Omega)$  and  $x \in \mathcal{L}_f$ , then it is clear that (9) holds. In some situations we will need a differentiation formula like (9), but with respect to sets different from balls with center x, e.g. arbitrary balls containing the point x or with respect to cubes. For this purpose we introduce the following concept.

**Definition 1.8** A non-empty family  $\mathcal{Q}_0$  of measurable subsets of  $\mathbb{R}^n$  is called regular if

- (i). m(Q) > 0 for all  $Q \in \mathcal{Q}_0$ ;
- (ii). for every  $\varepsilon > 0$  there exists a set  $Q \in \mathcal{Q}_0$  such that  $m(Q) < \varepsilon$ ;
- (iii). there exists a constant c > 0 such that for every  $Q \in Q_0$  there exists an open ball  $B_r = B(0, r)$  such that  $Q \subseteq B_r$  and  $m(B_r) \leq cm(Q)$ .

For  $x \in \mathbb{R}^n$  we define  $\mathcal{Q}_x = \{Q + x : Q \in \mathcal{Q}_0\}.$ 

Observe that if  $\mathcal{Q}_0$  is a regular family, then for every r > 0 there exists  $\delta > 0$  such that  $Q \in \mathcal{Q}_0$  and  $m(Q) < \delta$  imply that  $Q \subseteq B_r$ . Indeed it follows from (iii) that given r > 0 we can take  $\delta = c^{-1}m(B_1)r^n$ .

**Example 1.9** The following families of subsets of  $\mathbb{R}^n$  are regular families.

- 1. The collection of all open balls  $\{B(0,r): r > 0\}$ ;
- 2. The collection of all open (or closed) balls containing the point 0;
- 3. The family of all open (or closed) cubes containing the point 0;
- 4. Take any bounded set  $Q_1 \subseteq \mathbb{R}^n$  with  $m(Q_1) > 0$  and define  $\mathcal{Q}_0 = \{\alpha Q_1 : 0 < \alpha \in \mathbb{R}\}.$

The collection of all rectangles containing the point 0 is not a regular family.

The following proposition indicates the importance of the Lebesgue set.

**Proposition 1.10** Let  $\mathcal{Q}_0$  be a regular family of subsets in  $\mathbb{R}^n$  and  $\Omega \subseteq \mathbb{R}^n$ an open subset. If  $f \in L^1_{loc}(\not\leq)$  then for all  $x \in \mathcal{L}_f$  we have

$$\lim_{\substack{m(Q)\to 0\\Q\in\mathcal{Q}_x}}\frac{1}{m(Q)}\int_Q |f(y) - f(x)| = 0.$$

Consequently, for all  $x \in \mathcal{L}_f$ .

$$\lim_{\substack{m(Q)\to 0\\Q\in\mathcal{Q}_x}}\frac{1}{m(Q)}\int_Q f(y) = f(x)$$

**Proof.** Take  $x \in \mathcal{L}_f$ . Given  $\varepsilon > 0$  there exists  $r_0 > 0$  such that  $B(x, r) \subseteq \Omega$  and

$$\frac{1}{m(B_r)} \int_{B(x,r)} |f(y) - f(x)| \, dy < \varepsilon$$

for all  $0 < r < r_0$ . Define  $\delta = c^{-1}m(B_1)r_0^n$  and take  $Q \in \mathcal{Q}_x$  such that  $m(Q) < \delta$ . Then there exists r > 0 such that  $Q \subseteq B(x,r)$  and  $m(B_r) \leq cm(Q)$ . By the choice of  $\delta$  this implies that  $r < r_0$  and so

$$\begin{aligned} \frac{1}{m(Q)} \int_{Q} |f(y) - f(x)| \, dy &\leq \frac{1}{m(Q)} \int_{B(x,r)} |f(y) - f(x)| \, dy \\ &\leq \frac{c}{m(B_r)} \int_{B(x,r)} |f(y) - f(x)| \, dy < c\varepsilon. \end{aligned}$$

This suffices to prove the proposition.  $\blacksquare$ 

## 2 Riesz potentials.

It will be convenient to have some results concerning the so-called Riesz potentials available. We will discuss only some of the elementary properties.

For  $0 < \alpha < n$  and measurable function  $f : \mathbb{R}^n \to \mathbb{C}$  the Riesz potentials are defined by

$$I_{\alpha}f(x) = \int_{\mathbb{R}^n} \frac{f(y)}{|x-y|^{n-\alpha}} dy$$
(10)

whenever this integral is absolutely convergent for almost all  $x \in \mathbb{R}^n$ .

**Remark 2.1** Frequently the Riesz potentials are defined by  $\hat{I}_{\alpha}f = \gamma (\alpha)^{-1} I_{\alpha}f$ with

$$\gamma\left(\alpha\right) = \frac{\pi^{\frac{n}{2}} 2^{\alpha} \Gamma\left(\frac{\alpha}{2}\right)}{\Gamma\left(\frac{n}{2} - \frac{\alpha}{2}\right)}$$

The reason for this normalization is that we then have (at least for very smooth functions)

$$\hat{I}_{\alpha}\left(\hat{I}_{\beta}f\right) = \hat{I}_{\alpha+\beta}f$$

whenever  $0 < \alpha < n$ ,  $0 < \beta < n$  with  $\alpha + \beta < n$ .

In the proof of the next proposition we will use the following elementary fact. For the sake of completeness we indicate the proof.

**Lemma 2.2** 1. If  $f \in L^1(\mathbb{R}^n)$  and  $g \in L^p(\mathbb{R}^n)$ ,  $1 \le p \le \infty$ , then the convolution integral

$$(f * g)(x) = \int_{\mathbb{R}^n} f(y) g(x - y) dy$$
(11)

is absolutely convergent for almost all x.

2. If  $f \in L^q(\mathbb{R}^n)$  and  $g \in L^p(\mathbb{R}^n)$ , with  $1 \le p \le \infty$  and  $p^{-1} + q^{-1} = 1$ , then (11) is absolutely convergent for all x.

#### Proof.

1. If  $p = \infty$  the statement is clear, so we assume that  $1 \le p < \infty$ . Let q be the conjugate exponent of p. It follows from Hölder's inequality that

$$\begin{split} \int_{\mathbb{R}^n} |f(y) g(x-y)| \, dy &= \int_{\mathbb{R}^n} |f(y)|^{\frac{1}{q}} |f(y)|^{\frac{1}{p}} |g(x-y)| \, dy \\ &\leq \|f\|_1^{\frac{1}{q}} \left( \int_{\mathbb{R}^n} |f(y)| |g(x-y)|^p \, dy \right)^{\frac{1}{p}}. \end{split}$$

By Fubini's theorem we have

$$\begin{split} &\int_{\mathbb{R}^n} \left( \int_{\mathbb{R}^n} \left| f\left(y\right) g\left(x-y\right) \right| dy \right)^p dx \\ &\leq \| f \|_1^{\frac{p}{q}} \int_{\mathbb{R}^n} \left( \int_{\mathbb{R}^n} \left| f\left(y\right) \right| \left| g\left(x-y\right) \right|^p dy \right) dx \\ &= \| f \|_1^{\frac{p}{q}} \int_{\mathbb{R}^n} \left| f\left(y\right) \right| \left( \int_{\mathbb{R}^n} \left| g\left(x-y\right) \right|^p dx \right) dy \\ &= \| f \|_1^{\frac{p}{q}} \int_{\mathbb{R}^n} \left| f\left(y\right) \right| \left( \int_{\mathbb{R}^n} \left| g\left(x\right) \right|^p dx \right) dy \\ &= \| f \|_1^{\frac{p}{q}} \int_{\mathbb{R}^n} \left| f\left(y\right) \right| \left( \int_{\mathbb{R}^n} \left| g\left(x\right) \right|^p dx \right) dy \\ &= \| f \|_1^{p} \| g \|_p^p < \infty. \end{split}$$

This shows that  $\int_{\mathbb{R}^n} |f(y)g(x-y)| dy < \infty$  for almost all  $x \in \mathbb{R}^n$ . Observe that this proof also shows that  $f * g \in L^p(\mathbb{R}^n)$  and  $||f * g||_p \le ||f||_1 ||g||_p$ .

2. This is an immediate consequence of Hölder's inequality.

**Proposition 2.3** If  $0 < \alpha < n$  and  $1 \le p < \frac{n}{\alpha}$ , then for every  $f \in L^p(\mathbb{R}^n)$  the integral (10) is absolutely convergent for almost all  $x \in \mathbb{R}^n$ . Consequently, for  $f \in L^p(\mathbb{R}^n)$  the Riesz potential  $I_{\alpha}f$  is a well defined measurable function.

**Proof.** Define

$$K\left(x\right) = \frac{1}{\left|x\right|^{n-\alpha}}.$$

Then we can write

$$I_{\alpha}f(x) = \int_{\mathbb{R}^n} \frac{f(x-y)}{|y|^{n-\alpha}} dy = (K*f)(x)$$

and we have to show the a.e. absolute convergence of this integral. We split K in two parts defined by

$$K_{1}(y) = \begin{cases} K(y) & \text{if } |y| \leq 1\\ 0 & \text{if } |y| > 1 \end{cases}$$

and

$$K_{2}(y) = \begin{cases} K(y) & \text{if } |y| > 1\\ 0 & \text{if } |y| \le 1 \end{cases}.$$

Since  $K = K_1 + K_2$  it is sufficient to show that both integrals  $(K_1 * f)(x)$  and  $(K_2 * f)(x)$  are absolutely convergent for almost all  $x \in \mathbb{R}^n$ . Since  $n - \alpha < n$  it follows that  $K_1 \in L^1(\mathbb{R}^n)$ , which implies that the integral  $(K_1 * f)(x)$  is absolutely convergent a.e. for all  $f \in L^p(\mathbb{R}^n)$ .

Let q be the conjugate exponent of p, i.e.,  $p^{-1} + q^{-1} = 1$ . We claim that  $K_2 \in L^q(\mathbb{R}^n)$ . Indeed, if p = 1 then  $q = \infty$  and it is clear that  $K_2 \in L^{\infty}(\mathbb{R}^n)$ . Now assume that p > 1. Then

$$\int_{\mathbb{R}^n} K_2(y)^q \, dy = \int_{|y|>1} \frac{1}{|y|^{(n-\alpha)q}} dy = \omega_n \int_1^\infty \frac{1}{r^{(n-\alpha)q-n+1}} dr.$$

Since  $q^{-1} = 1 - p^{-1} < 1 - \frac{\alpha}{n}$ , it follows that  $(n - \alpha)q > n$ , which implies that this integral is finite. Hence  $K_2 \in L^q(\mathbb{R}^n)$ . Now we may conclude that for every  $f \in L^p(\mathbb{R}^n)$  the integral  $(K_2 * f)(x)$  is convergent for almost all x, and the proof is complete.

**Remark 2.4** If  $0 < \alpha < n$  and  $1 , with <math>q^{-1} = p^{-1} - \frac{\alpha}{n}$  (which implies that  $p < \frac{n}{\alpha}$ ), then it can be shown that  $I_{\alpha}f \in L^{q}(\mathbb{R}^{n})$  for all  $f \in L^{p}(\mathbb{R}^{n})$ .

The following estimate will be useful.

**Lemma 2.5** Let  $E \subseteq \mathbb{R}^n$  be a measurable set with  $0 < m(E) < \infty$  and suppose that  $0 < \alpha < n$ . There is a constant  $C(\alpha, n) > 0$  such that

$$\int_{E} \frac{1}{\left|y-x\right|^{n-\alpha}} dy \le C\left(\alpha,n\right) m\left(E\right)^{\frac{\alpha}{n}}$$

for all  $x \in \mathbb{R}^n$ . Actually we can take

$$C(\alpha, n) = \alpha^{-1} n^{\frac{\alpha}{n}} \omega_n^{1-\frac{\alpha}{n}}.$$

**Proof.** Fix  $x \in \mathbb{R}^n$ . Take r > 0 such that  $m(B_r) = m(E)$ , i.e.,  $r^n = n\omega_n^{-1}m(E)$ . Note that

$$m\left(E \searrow B\left(x, r\right)\right) = m\left(B\left(x, r\right) \searrow E\right).$$

Now

$$\begin{split} \int_{E \searrow B(x,r)} \frac{1}{|y-x|^{n-\alpha}} dy &\leq r^{\alpha-n} m\left(E \searrow B\left(x,r\right)\right) = r^{\alpha-n} m\left(B\left(x,r\right) \searrow E\right) \\ &\leq \int_{m\left(B(x,r) \searrow E\right)} \frac{1}{|y-x|^{n-\alpha}} dy. \end{split}$$

This implies that

$$\int_{E} \frac{1}{|y-x|^{n-\alpha}} dy = \int_{E \setminus B(x,r)} \frac{1}{|y-x|^{n-\alpha}} dy + \int_{E \cap B(x,r)} \frac{1}{|y-x|^{n-\alpha}} dy$$
  
$$\leq \int_{m(B(x,r) \setminus E)} \frac{1}{|y-x|^{n-\alpha}} dy + \int_{E \cap B(x,r)} \frac{1}{|y-x|^{n-\alpha}} dy$$
  
$$= \int_{B(x,r)} \frac{1}{|y-x|^{n-\alpha}} dy = \alpha^{-1} \omega_n r^{\alpha}$$
  
$$= \alpha^{-1} \omega_n \left( n^{-1} \omega_n^{-1} m(E) \right)^{\frac{\alpha}{n}} = C(\alpha, n) m(E)^{\frac{\alpha}{n}}.$$

If E is a measurable subset of  $\mathbb{R}^n$  then any  $f \in L^p(E)$  can be considered as an element of  $L^p(\mathbb{R}^n)$ , extending f identically equal to zero on the complement of E. In particular if  $m(E) < \infty$ , then every  $f \in L^p(E)$  belongs to  $L^1(E)$  and hence is an element of  $L^1(\mathbb{R}^n)$ . Therefore, by Proposition 2.3 the Riesz potential  $I_{\alpha}f$  is an a.e. well defined measurable function (on  $\mathbb{R}^n$ ) for all  $0 < \alpha < n$ . The following proposition is only of interest if n > 1. **Proposition 2.6** Let  $E \subseteq \mathbb{R}^n$  be measurable with  $0 < m(E) < \infty$ . Then there exists a constant  $C_n > 0$ , only depending on n, such that

$$\int_{E} |I_1 f|^p \, dx \le C_n^p m \left( E \right)^{\frac{p}{n}} \int_{E} |f|^p \, dx$$

for all  $f \in L^{p}(E)$  and all  $1 \leq p < \infty$ .

**Proof.** First we assume that  $1 . Let q be the conjugate exponent of p. For <math>f \in L^{p}(E)$  it follows from Hölder's inequality that

$$\begin{aligned} |I_1 f(x)| &\leq \int_E \frac{|f(y)|}{|x-y|^{n-1}} dy = \int_E \frac{|f(y)|}{|x-y|^{\frac{n-1}{p}}} \frac{1}{|x-y|^{\frac{n-1}{q}}} dy \\ &\leq \left(\int_E \frac{|f(y)|^p}{|x-y|^{n-1}} dy\right)^{\frac{1}{p}} \left(\int_E \frac{1}{|x-y|^{n-1}} dy\right)^{\frac{1}{q}} \end{aligned}$$

for almost every  $x \in \mathbb{R}^n$ . By the above lemma we know that

$$\int_{E} \frac{1}{|x-y|^{n-1}} dy \le C_n m \left(E\right)^{\frac{1}{n}} = C.$$
(12)

Hence,

$$|I_1 f(x)| \le C^{\frac{1}{q}} \left( \int_E \frac{|f(y)|^p}{|x-y|^{n-1}} dy \right)^{\frac{1}{p}}$$
(13)

a.e. on  $\mathbb{R}^n$ . Note that this inequality trivially holds for p = 1. Using (12) and (13) we find for all  $1 \le p < \infty$  that

$$\int_{E} |I_{1}f(x)|^{p} dx \leq C^{\frac{p}{q}} \int_{E} \left( \int_{E} \frac{|f(y)|^{p}}{|x-y|^{n-1}} dy \right) dx$$
  
$$= C^{p-1} \int_{E} |f(y)|^{p} \left( \int_{E} \frac{1}{|x-y|^{n-1}} dx \right) dy$$
  
$$\leq C^{p} \int_{E} |f(y)|^{p} dy$$

with  $C = C_n m \left( E \right)^{\frac{1}{n}}$ , which completes the proof.

## **3** Sobolev spaces.

In this section we will discuss some of the relevant properties of the Sobolev spaces which we will need in the sequel.

#### **3.1** Definitions.

By  $\alpha$  we denote a multi-index, i.e.,  $\alpha = (\alpha_1, \ldots, \alpha_n)$  with  $\alpha_k \in \mathbb{N}$ . The length of  $\alpha$  is defined by  $|\alpha| = \alpha_1 + \cdots + \alpha_n$ . For such a multi-index  $\alpha$  we define the differential operator  $D^{\alpha}$  by

$$D^{\alpha} = \left(\frac{\partial}{\partial x_1}\right)^{\alpha_1} \cdots \left(\frac{\partial}{\partial x_n}\right)^{\alpha_n} = \frac{\partial^{|\alpha|}}{\partial x_1^{\alpha_1} \cdots \partial x_n^{\alpha_n}}$$

Let  $\Omega$  be an open subset of . If  $f \in L^1_{loc}(\not\leq)$  and  $\alpha$  is a multi-index and if there exists  $g \in L^1_{loc}(\not\leq)$  such that

$$\int_{\Omega} f D^{\alpha} \varphi dx = (-1)^{|\alpha|} \int_{\Omega} g \varphi dx$$

for all  $\varphi \in C_c^{\infty}(\not\leq)$ , then we denote  $g = D^{\alpha}f$ , and g is called the weak (partial) derivative of f corresponding to the multi-index  $\alpha$ . If  $D^{\alpha}f$  exists, it is uniquely determined up to sets of measure zero. If  $m \in \mathbb{N}$  and  $f \in C^m(\Omega)$ , then all weak derivatives  $D^{\alpha}f$  exist for  $|\alpha| \leq m$  and coincide with the classical derivatives of f. In case  $|\alpha| = 1$  we denote the weak derivatives  $D^{\alpha}f$  also by  $D_j f = \frac{\partial f}{\partial x_i}$ .

**Remark 3.1** 1. Suppose that  $f \in L^1_{loc}(\nleq)$ , where  $\Omega \subseteq \mathbb{R}^n$  is open. Now consider the collection  $\mathcal{U}$  of all open subsets  $U \subseteq \Omega$  such that f = 0 a.e. on U. Let  $O = \bigcup \{U : U \in \mathcal{U}\}$ . Then f = 0 a.e. on O (since f = 0a.e. on every compact subset of O). Hence O is the largest open subset of  $\Omega$  on which f = 0 a.e. The set  $\Omega \setminus U$  is called the (essential) support of f and will be denoted by  $\operatorname{supp}(f)$ . If f has a weak derivative  $D^{\alpha}f$ , then  $\operatorname{supp}(D^{\alpha}f) \subseteq \operatorname{supp}(f)$ . Indeed, if  $U \subseteq \Omega$  is open and f = 0 on U, then

$$\int_{\Omega} \left( D^{\alpha} f \right) \varphi dx = (-1)^{|\alpha|} \int_{\Omega} f D^{\alpha} \varphi dx = 0$$

for all  $\varphi \in C_c^{\infty}(U)$ , which implies that  $D^{\alpha}f = 0$  a.e. on U.

- 2. Suppose that  $f \in L^1_{loc}(\not\leq)$ , where  $\Omega \subseteq \mathbb{R}^n$  is open with weak derivative  $D^{\alpha}f$ . Suppose that U is an open subset of  $\Omega$ . Then  $f_{|U}$  has weak derivative  $D^{\alpha}(f_{|U}) = (D^{\alpha}f)_{|U}$ .
- 3. If  $f \in L^1_{loc}(\nleq)$  has weak derivative  $\frac{\partial f}{\partial x_j}$  and  $\varphi \in C^{\infty}_c(\Omega)$ , then  $f\varphi$  has weak derivative

$$\frac{\partial}{\partial x_j} \left( f \varphi \right) = \frac{\partial f}{\partial x_j} \varphi + f \frac{\partial \varphi}{\partial x_j}$$

**Definition 3.2** For  $1 \leq p \leq \infty$  and  $k \in \mathbb{N}$  the Sobolev spaces  $W^{k,p}(\Omega)$  are defined by

$$W^{k,p}\left(\Omega\right) = \left\{ u \in L^{p}\left(\Omega\right) : D^{\alpha}u \in L^{p}\left(\Omega\right) \text{ for all } |\alpha| \leq k \right\}.$$

For  $u \in W^{k,p}(\Omega)$  the norm is defined by

$$\left\|u\right\|_{k,p} = \left(\sum_{|\alpha| \le k} \left\|D^{\alpha}u\right\|_{p}^{p}\right)^{\frac{1}{p}}$$

if  $1 \leq p < \infty$  and

$$\|u\|_{k,\infty} = \max_{|\alpha| \le k} \|D^{\alpha}u\|_{\infty}.$$

For all the values of p and k the space  $\left(W^{k,p}(\Omega), \|\cdot\|_{k,p}\right)$  is a Banach space, as is easily verified. From now on we will only consider  $1 \leq p < \infty$ . The Hilbert space  $W^{k,2}(\Omega)$  is sometimes also denoted by  $H^k(\Omega)$ . It is clear that  $C_c^{\infty}(\Omega)$  is a linear subspace of  $W^{k,p}(\Omega)$ .

**Definition 3.3** For  $1 \leq p < \infty$  and  $k \in \mathbb{N}$  the closure of  $C_c^{\infty}(\Omega)$  in  $W^{k,p}(\Omega)$  is denoted by  $W_0^{k,p}(\Omega)$ .

Furthermore we will denote by  $W_{c}^{k,p}(\Omega)$  the subspace of  $W^{k,p}(\Omega)$  consisting of all  $u \in W^{k,p}(\Omega)$  for which supp (u) is compact.

**Remark 3.4** In the spaces  $W^{k,p}(\Omega)$  there are several other possible natural norms which are equivalent with the above introduced norm  $\|\cdot\|_{k,p}$ . For example, in the space  $W^{1,p}(\Omega)$  such an equivalent norm is given by

$$||u|| = \left( ||u||_p^p + ||\nabla u||_p^p \right)^{\frac{1}{p}}.$$

Here we denote  $\nabla u = \left(\frac{\partial u}{\partial x_1}, \dots, \frac{\partial u}{\partial x_n}\right)$  and

$$\left\|\nabla u\right\|_{p} = \left(\int_{\Omega} \left|\nabla u\right|^{p} dx\right)^{\frac{1}{p}},$$

where  $|\nabla u|$  is the euclidean length of the vector  $\nabla u$  in  $\mathbb{C}^n$ .

#### **3.2** Approximation.

Now we discuss the approximation of functions in  $W^{k,p}(\Omega)$  by smooth functions. For sake of simplicity we will restrict the discussion to the case k = 1. First we recall some facts concerning convolutions.

a. If  $\varphi \in C_c^{\infty}(\mathbb{R}^n)$  and  $u \in L^1_{loc}(\mathbb{R}^n)$ , then  $\varphi * u \in C^{\infty}(\mathbb{R}^n)$  and  $D^{\alpha}(\varphi * u) = (D^{\alpha}\varphi) * u$ 

for all multi-indices  $\alpha$ .

- b. If  $\varphi \in C_c^{\infty}(\mathbb{R}^n)$  and  $u \in L^p(\mathbb{R}^n)$ , then  $\varphi * u \in C^{\infty}(\mathbb{R}^n) \cap L^p(\mathbb{R}^n)$  for all  $1 \leq p \leq \infty$ .
- c. Let  $\psi_1 \in C_c^{\infty}(\mathbb{R}^n)$  be such that  $\operatorname{supp}(\psi_1) \subseteq B(0,1), \ \psi_1 \geq 0$  and  $\int_{\mathbb{R}^n} \psi_1 dx = 1$ . For  $\varepsilon > 0$  define  $\psi_{\varepsilon} \in C_c^{\infty}(\mathbb{R}^n)$  by  $\psi_{\varepsilon}(x) = \varepsilon^{-n}\psi_1\left(\frac{x}{\varepsilon}\right)$ . Then  $\{\psi_{\varepsilon} : \varepsilon > 0\}$  is called a regularizer (or Dirac-system). Observe that  $\operatorname{supp}(\psi_{\varepsilon}) \subseteq B(0,\varepsilon)$  and  $\int_{\mathbb{R}^n} \psi_{\varepsilon} dx = 1$  for all  $\varepsilon > 0$ .
- d. Let  $\{\psi_{\varepsilon}\}_{\varepsilon>0}$  be a regularizer. If  $u \in C_c(\mathbb{R}^n)$  then  $\psi_{\varepsilon} * u \in C_c^{\infty}(\mathbb{R}^n)$  for all  $\varepsilon > 0$  and  $\|\psi_{\varepsilon} * u u\|_{\infty} \to 0$  as  $\varepsilon \downarrow 0$ .
- e. Let  $\{\psi_{\varepsilon}\}_{\varepsilon>0}$  be a regularizer. If  $1 \leq p < \infty$  and  $u \in L^{p}(\mathbb{R}^{n})$ , then  $\|\psi_{\varepsilon} * u u\|_{p} \to 0$  as  $\varepsilon \downarrow 0$ .

The next proposition gives a local approximation of functions in  $W^{1,p}(\Omega)$ by functions in  $C^{\infty}(\Omega)$ .

**Proposition 3.5** Let  $\Omega \subseteq \mathbb{R}^n$  be open and  $1 \leq p < \infty$ . Suppose that  $\Omega_0$  is an open subset of  $\Omega$  such that  $\overline{\Omega}_0 \subseteq \Omega$  and  $\overline{\Omega}_0$  is compact. Let  $\{\psi_{\varepsilon}\}_{\varepsilon>0}$  be a regularizer and put  $u_{\varepsilon} = \psi_{\varepsilon} * u$  for all  $u \in W^{1,p}(\Omega)$  and all  $\varepsilon > 0$ . Then

$$\left\| \left( u_{\varepsilon} \right)_{|\Omega_0} - u_{|\Omega_0} \right\|_{1,p} \to 0 \tag{14}$$

as  $\varepsilon \downarrow 0$ .

**Proof.** It follows from **b**. above that  $u_{\varepsilon} \in C^{\infty}(\mathbb{R}^n) \cap L^p(\mathbb{R}^n)$  for all  $\varepsilon > 0$ and from **e**. we know that  $||u_{\varepsilon} - u||_{L^p(\mathbb{R}^n)} \to 0$  as  $\varepsilon \downarrow 0$ . Since  $\overline{\Omega}_0$  is compact, it is clear that  $(u_{\varepsilon})_{|\Omega_0} \in W^{1,p}(\Omega_0)$ . Furthermore, it follows from **a**. that

$$\begin{aligned} \frac{\partial u_{\varepsilon}}{\partial x_{j}}\left(x\right) &= \left(\frac{\partial \psi_{\varepsilon}}{\partial x_{j}} * u\right)\left(x\right) = \int_{\Omega} \frac{\partial \psi_{\varepsilon}}{\partial x_{j}}\left(x - y\right) u\left(y\right) dy\\ &= -\int_{\Omega} \frac{\partial}{\partial y_{j}} \psi_{\varepsilon}\left(x - y\right) u\left(y\right) dy\end{aligned}$$

for all  $x \in \mathbb{R}^n$ . Since  $\overline{\Omega}_0 \subseteq \Omega$  and  $\overline{\Omega}_0$  is compact it follows that there exists  $\varepsilon_0 > 0$  such that dist  $(x, \partial \Omega) > \varepsilon_0$  for all  $x \in \Omega_0$ . Hence, if  $x \in \Omega_0$  and  $0 < \varepsilon < \varepsilon_0$  then the function  $y \longmapsto \psi_{\varepsilon} (x - y)$  belongs to  $C_c^{\infty}(\Omega)$ . Now it follows from the definition of the weak derivative that

$$-\int_{\Omega} \frac{\partial}{\partial y_j} \psi_{\varepsilon} \left( x - y \right) u \left( y \right) dy = \int_{\Omega} \psi_{\varepsilon} \left( x - y \right) \frac{\partial u}{\partial x_j} \left( y \right) dy$$

and so

$$\frac{\partial u_{\varepsilon}}{\partial x_j}\left(x\right) = \left(\psi_{\varepsilon} * \frac{\partial u}{\partial x_j}\right)\left(x\right)$$

for all  $x \in \Omega_0$  and all  $0 < \varepsilon < \varepsilon_0$ . Hence

$$\begin{split} \left\| \frac{\partial u_{\varepsilon}}{\partial x_{j}} - \frac{\partial u}{\partial x_{j}} \right\|_{L^{p}(\Omega_{0})} &= \left\| \psi_{\varepsilon} * \frac{\partial u}{\partial x_{j}} - \frac{\partial u}{\partial x_{j}} \right\|_{L^{p}(\Omega_{0})} \\ &\leq \left\| \psi_{\varepsilon} * \frac{\partial u}{\partial x_{j}} - \frac{\partial u}{\partial x_{j}} \right\|_{L^{p}(\mathbb{R}^{n})} \to 0 \end{split}$$

as  $\varepsilon \downarrow 0$ . Therefore we may conclude that (14) holds.

The following proposition is proved by a similar argument.

**Proposition 3.6** Let  $\Omega \subseteq \mathbb{R}^n$  be open. If  $u \in W^{1,p}(\Omega)$  has compact support, then there exists a sequence  $\{v_k\}_{k=1}^{\infty}$  in  $C_c^{\infty}(\Omega)$  such that  $||u - v_k||_{1,p} \to 0$  as  $k \to \infty$ . Equivalently,  $W_c^{1,p}(\Omega) \subseteq W_0^{1,p}(\Omega)$ .

**Proof.** Take  $u \in W_c^{1,p}(\Omega)$  and put K = supp(u). Since K is compact, there exists  $\delta > 0$  such that the compact set

$$K_{2\delta} = \{ x \in \mathbb{R}^n : \operatorname{dist}(x, K) \le 2\delta \}$$

is contained in  $\Omega$ . Let  $\{\psi_{\varepsilon}\}_{\varepsilon>0}$  be a regularizer and define  $u_{\varepsilon} = \psi_{\varepsilon} * u$ . We take  $0 < \varepsilon < \delta$ . We claim that  $u_{\varepsilon} \in C_c^{\infty}(\Omega)$ . Indeed,  $x \notin K_{\delta}$  then

$$u_{\varepsilon}(x) = \int_{\mathbb{R}^n} \psi_{\varepsilon}(x-y) u(y) \, dy = \int_{K} \psi_{\varepsilon}(x-y) u(y) \, dy = 0$$

since the support of the function  $y \mapsto \psi_{\varepsilon}(x-y)$  is contained in  $B(x,\varepsilon)$ and  $B(x,\varepsilon) \cap K = \emptyset$ . Hence  $\operatorname{supp}(u_{\varepsilon}) \subseteq K_{\delta}$ , which implies the claim.

Next we will show that

$$\frac{\partial u_{\varepsilon}}{\partial x_j} = \psi_{\varepsilon} * \frac{\partial u}{\partial x_j}.$$
(15)

Since supp  $(u_{\varepsilon}) \subseteq K_{\delta}$  it follows that also  $\frac{\partial u_{\varepsilon}}{\partial x_j}$  has its support in  $K_{\delta}$ , and so we only have to show that (15) holds on  $K_{\delta}$ . Take  $x \in K_{\delta}$ . As in the proof of the previous proposition we have

$$\frac{\partial u_{\varepsilon}}{\partial x_{j}}\left(x\right) = -\int_{\Omega} \frac{\partial}{\partial y_{j}} \psi_{\varepsilon}\left(x-y\right) u\left(y\right) dy.$$

The function  $y \mapsto \psi_{\varepsilon}(x-y)$  is supported in  $B(x,\varepsilon) \subseteq K_{2\delta} \subseteq \Omega$ , so it follows from the definition of the weak derivative that

$$\frac{\partial u_{\varepsilon}}{\partial x_{j}}\left(x\right) = \int_{\Omega} \psi_{\varepsilon}\left(x-y\right) \frac{\partial u}{\partial x_{j}}\left(y\right) dy = \left(\psi_{\varepsilon} * \frac{\partial u}{\partial x_{j}}\right)\left(x\right)$$

and the proof of (15) if finished.

Since  $||u - \psi_{\varepsilon} * u||_p \to 0$  and  $\left\| \frac{\partial u}{\partial x_j} - \psi_{\varepsilon} * \frac{\partial u}{\partial x_j} \right\|_p \to 0$  for all  $j = 1, \dots, n$ as  $\varepsilon \downarrow 0$  and hence  $||u - u_{\varepsilon}||_{1,p} \to 0$  as  $\varepsilon \downarrow 0$ . We are done.

To obtain smooth approximations on the whole open domain  $\Omega$  we need the following standard construction of a smooth partition of unity.

**Lemma 3.7** Let  $\Omega$  be an open subset of  $\mathbb{R}^n$  and suppose that  $\mathcal{U}$  is an open covering of  $\Omega$ . Then there exists an open covering  $\{V_i\}_{i=1}^{\infty}$  of  $\Omega$  and a sequence  $\{\varphi_i\}_{i=1}^{\infty}$  in  $C_c^{\infty}(\Omega)$  such that  $0 \leq \varphi_i \leq 1$  for all  $i = 1, 2, \ldots$  and:

- 1. for every  $V_i$  there exists a  $U \in \mathcal{U}$  such that  $V_i \subseteq U$ ;
- 2. the open covering  $\{V_i\}_{i=1}^{\infty}$  is locally finite, i.e., for every compact subset  $K \subseteq \Omega$  we have  $K \cap V_i \neq \emptyset$  for only finitely many values of *i*;
- 3. supp  $(\varphi_i) \subseteq V_i$  for all  $i = 1, 2, \ldots$ ;
- 4.  $\sum_{i=1}^{\infty} \varphi_i(x) = 1$  for all  $x \in \Omega$ ;
- 5. for every compact  $K \subseteq \Omega$  there exists an open set W such that  $K \subseteq W \subseteq \Omega$  and there exists  $m \in \mathbb{N}$  such that  $\varphi_1(x) + \cdots + \varphi_m(x) = 1$  for all  $x \in W$ .

**Proof.** Let  $\{q_k\}_{k=1}^{\infty}$  be a sequence which is dense in  $\Omega$  and let  $\{r_l\}_{l=1}^{\infty}$  be an enumeration of the positive rational numbers. Now consider the collection of all open balls  $B(q_k, r_l)$  for which there exists a  $U \in \mathcal{U}$  such that  $B(q_k, r_l) \subseteq$ U. We enumerate this collection of balls as  $\{B_i\}_{i=1}^{\infty}$ . For each i we denote by  $O_i$  the open ball with the same center and half the radius as  $B_i$ . It is clear that  $\Omega = \bigcup_{i=1}^{\infty} O_i$ . For every *i* there exists a function  $\eta_i \in C_c^{\infty}(\Omega)$  such that  $0 \leq \eta_i \leq 1$ ,  $\eta_i(x) = 1$  for all  $x \in O_i$  and  $\operatorname{supp}(\eta_i) \subseteq B_i$ . Note that this implies that for every  $\varphi_i$  there exists a  $U \in \mathcal{U}$  such that  $\operatorname{supp}(\eta_i) \subseteq U$ . Now define the sequence  $\{\varphi_i\}_{i=1}^{\infty}$  in  $C_c^{\infty}(\Omega)$  by  $\varphi_1 = \eta_1$  and

$$\varphi_{i+1} = (1 - \eta_1) \cdots (1 - \eta_i) \eta_{i+1}$$

for  $i \geq 1$ . A simple induction argument shows that

$$\varphi_1 + \dots + \varphi_m = 1 - (1 - \eta_1) \cdots (1 - \eta_m)$$

for all  $m \ge 1$ . This implies that  $\varphi_1(x) + \cdots + \varphi_m(x) = 1$  whenever  $x \in O_i$ and  $1 \le i \le m$ . Now it is clear that 4. holds. If  $K \subseteq \Omega$  is compact, then there exists  $m \in \mathbb{N}$  such that  $K \subseteq \bigcup_{i=1}^m O_i$  from which 5. now follows.

Define the open sets  $V_i = \{x \in \Omega : \varphi_i > 0\}$ . Since 4. hold for the functions  $\{\varphi_i\}_{i=1}^{\infty}$  it is clear that  $\{V_i\}_{i=1}^{\infty}$  is an open covering of  $\Omega$ . Since  $V_i \subseteq B_i$  and  $B_i$  is contained in some  $U \in \mathcal{U}$ , it follows that 1. holds. Moreover, it follows from 5. that  $\{V_i\}_{i=1}^{\infty}$  is locally finite. Now we repeat the above construction with the covering  $\mathcal{U}$  replaced by  $\{V_i\}_{i=1}^{\infty}$ . This produces a new sequence of functions in  $C_c^{\infty}(\Omega)$ , which we call  $\{\varphi_i\}_{i=1}^{\infty}$  again. So 4. and 5. are satisfied. For each *i* there exists a  $V_{k_i}$  such that  $\sup (\varphi_i) \subseteq V_{k_i}$ . Finally replace the collection  $\{V_i\}_{i=1}^{\infty}$  by  $\{V_{k_i}\}_{i=1}^{\infty}$ . Then 3. is satisfied as well and the other properties are preserved. By this the construction is finished.

In the situation of the above proposition we say that  $\{\varphi_i\}_{i=1}^{\infty}$  is a (locally finite) smooth partition of unity subordinate to the open covering  $\mathcal{U}$  of  $\Omega$ .

**Theorem 3.8** Let  $\Omega$  be an open subset of  $\mathbb{R}^n$ . Then  $C^{\infty}(\Omega) \cap W^{1,p}(\Omega)$  is a dense subspace of  $W^{1,p}(\Omega)$ .

**Proof.** We apply the above lemma to  $\mathcal{U} = \{\Omega\}$ . So let  $\{\varphi_i\}_{i=1}^{\infty}$  be any locally finite smooth partition of unity with corresponding open covering  $\{V_i\}_{i=1}^{\infty}$  of  $\Omega$ . Let  $u \in W^{1,p}(\Omega)$  and  $\varepsilon > 0$  be given. Then  $u\varphi_i \in W^{1,p}(\Omega)$  and  $\sup (u\varphi_i) \subseteq \sup (\varphi_i) \subseteq V_i$ , so  $u\varphi_i \in W_c^{1,p}(V_i)$ . It follows from Proposition 3.6 that exists  $g_i \in C_c^{\infty}(V_i)$  such that

$$\left\| u\varphi_i - g_i \right\|_{1,p} < 2^{-i}\varepsilon.$$

Define

$$g(x) = \sum_{i=1}^{\infty} g_i(x) \tag{16}$$

for all  $x \in \Omega$ . Since  $\{V_i\}_{i=1}^{\infty}$  is locally finite, any closed ball  $\overline{B}(y,r) \subseteq \Omega$  has a non-empty intersection with only a finite number of the  $V_i$ 's and so (16) is a finite sum on  $\overline{B}(y,r)$ . This implies that  $g \in C^{\infty}(\Omega)$ . Now let  $\Omega_0 \subseteq \Omega$  be open such that  $\overline{\Omega}_0$  is compact and  $\overline{\Omega}_0 \subseteq \Omega$ . Since  $\{V_i\}_{i=1}^{\infty}$  is locally finite, there exists  $N \in \mathbb{N}$  such that  $V_i \cap \overline{\Omega}_0 = \emptyset$  for all i > N. Hence for all  $x \in \Omega_0$  we have  $\sum_{i=1}^{N} \varphi_i(x) = 1$  and

$$g\left(x\right) = \sum_{i=1}^{N} g_{i}\left(x\right).$$

Moreover,  $u(x) = \sum_{i=1}^{N} u(x) \varphi_i(x)$  for all  $x \in \Omega_0$ . Consequently

$$\begin{aligned} \left\| u_{|\Omega_{0}} - g_{|\Omega_{0}} \right\|_{1,p} &\leq \sum_{i=1}^{N} \left\| (u\varphi_{i})_{|\Omega_{0}} - (g_{i})_{|\Omega_{0}} \right\|_{1,p} \\ &\leq \sum_{i=1}^{N} \left\| u\varphi_{i} - g_{i} \right\|_{1,p} < \sum_{i=1}^{N} 2^{-i}\varepsilon < \varepsilon. \end{aligned}$$
(17)

Now let  $\{\Omega_k\}_{k=1}^{\infty}$  be an increasing sequence of open subsets of  $\Omega$  with  $\overline{\Omega}_k$  compact and  $\overline{\Omega}_k \subseteq \Omega$  for all k. Then (17) applies to each of the  $\Omega_k$ , so it follows from the monotone convergence theorem that  $||u - g||_{1,p} \leq \varepsilon$ . Since this also implies that  $g \in W^{1,p}(\Omega)$ , the proof is complete.

#### **3.3** Some estimates.

The following inequality will be useful.

**Proposition 3.9** Let  $\Omega \subseteq \mathbb{R}^n$  be an open bounded and convex set with diameter d. Suppose that  $\varphi \in L^{\infty}(\Omega)$  such that  $\int_{\Omega} \varphi dx = 1$ . For  $u \in W^{1,1}(\Omega)$ define

$$\bar{u}_{\varphi} = \int_{\Omega} u(y) \varphi(y) \, dy.$$

Then for all  $u \in W^{1,1}(\Omega)$  we have

$$|u(x) - \bar{u}_{\varphi}| \le C \int_{\Omega} \frac{|\nabla u(y)|}{|x - y|^{n-1}} dy, \qquad (18)$$

for almost all  $x \in \Omega$ , where C > 0 is a constant depending only on n, d and  $\|\varphi\|_{\infty}$  (actually we can take  $C = n^{-1}d^n \|\varphi\|_{\infty}$ ).

**Proof.** We denote by S the unit sphere in  $\mathbb{R}^n$ , i.e.,

$$S = \left\{ z \in \mathbb{R}^n : |z| = 1 \right\},$$

and let  $\sigma$  be the normalized surface measure of S. Let  $x \in \Omega$  be fixed. For any  $z \in S$  we define

$$r(z) = \sup \left\{ r > 0 : x + rz \in \Omega \right\}.$$

It is easy to see that r is a measurable function and it is clear that  $r(z) \leq d$ . Since  $\Omega$  is convex it follows that

$$\Omega = \{ x + rz : z \in S, 0 \le r < r(z) \}.$$

Consequently, for every positive (or integrable) function  $f: \Omega \to \mathbb{R}$  we have

$$\int_{\Omega} f(y) \, dy = \int_{S} \int_{0}^{r(z)} f(x+rz) \, r^{n-1} dr d\sigma(z) \, .$$

First we assume that  $u \in W^{1,1}(\Omega) \cap C^{\infty}(\Omega)$ . Take  $y \in \Omega$  and write y = x + tz with  $z \in S$  and  $0 \le t \le r(z)$ . Then

$$u(y) - u(x) = \int_0^t \langle \nabla u(x + rz), z \rangle \, dr$$

and so

$$|u(x) - u(y)| \le \int_0^t |\nabla u(x + rz)| \, dr \le \int_0^{r(z)} |\nabla u(x + rz)| \, dr.$$

Now it follows that

$$\begin{aligned} |u(x) - \bar{u}_{\varphi}| &= \left| \int_{\Omega} \left[ u(x) - u(y) \right] \varphi(y) \, dy \right| \\ &\leq \left\| \varphi \right\|_{\infty} \int_{\Omega} \left| u(x) - u(y) \right| \, dy \\ &= \left\| \varphi \right\|_{\infty} \int_{S} \int_{0}^{r(z)} \left| u(x) - u(x + rz) \right| r^{n-1} dr d\sigma(z) \\ &\leq \left\| \varphi \right\|_{\infty} \int_{S} \int_{0}^{r(z)} \int_{0}^{r(z)} \left| \nabla u(x + sz) \right| r^{n-1} ds dr d\sigma(z) \\ &\leq \left\| \varphi \right\|_{\infty} \int_{S} \int_{0}^{r(z)} \left( \int_{0}^{d} r^{n-1} dr \right) \left| \nabla u(x + sz) \right| \, ds d\sigma(z) \\ &= \frac{\left\| \varphi \right\|_{\infty} d^{n}}{n} \int_{S} \int_{0}^{r(z)} \left| \nabla u(x + sz) \right| \, ds d\sigma(z) \\ &= C \int_{S} \int_{0}^{r(z)} \frac{\left| \nabla u(x + sz) \right|}{s^{n-1}} s^{n-1} ds d\sigma(z) \\ &= C \int_{\Omega} \frac{\left| \nabla u(y) \right|}{\left| x - y \right|^{n-1}} dy. \end{aligned}$$

This proves (18) in the case that  $u \in W^{1,1}(\Omega) \cap C^{\infty}(\Omega)$  and for all  $x \in \Omega$ . Note that (18) can also be written as

$$|u(x) - \bar{u}_{\varphi}| \le CI_1(|\nabla u|)(x)$$

where  $I_1(|\nabla u|)$  denotes the Riesz potential corresponding to  $\alpha = 1$ .

Now let  $u \in W^{1,1}(\Omega)$  be given. It follows from Theorem 3.8 that there exists a sequence  $\{u_k\}_{k=1}^{\infty}$  in  $W^{1,1}(\Omega) \cap C^{\infty}(\Omega)$  such that  $||u_k - u||_{1,1} \to 0$  as  $k \to \infty$ . From the first part of the proof we know that

$$\left|u_{k}\left(x\right)-\left(\overline{u_{k}}\right)_{\varphi}\right|\leq CI_{1}\left(\left|\nabla u_{k}\right|\right)\left(x\right)$$

for all  $x \in \Omega$  and all k. Since  $||u_k - u||_1 \to 0$ , it follows that  $(\overline{u_k})_{\varphi} \to \overline{u}_{\varphi}$  as  $k \to \infty$ . Furthermore, since  $|||\nabla u_k| - |\nabla u||_1 \to 0$  as  $k \to \infty$ , Proposition 2.6 implies that

$$||I_1(|\nabla u_k|) - I_1(|\nabla u|)||_1 \to 0$$

as  $k \to \infty$ . Passing to a subsequence we may assume that

$$I_1\left(|\nabla u_k|\right)(x) \to I_1\left(|\nabla u|\right)(x)$$

as well as  $u_k(x) \to u(x)$  a.e. on  $\Omega$  as  $k \to \infty$ , and from this the result follows.

Given a bounded open subset  $\Omega$  of  $\mathbb{R}^n$  and  $u \in L^1(\Omega)$  we will denote

$$\bar{u}_{\Omega} = \frac{1}{m\left(\Omega\right)} \int_{\Omega} u dx.$$

The result of the following theorem is sometimes referred to as Poincaré's inequality.

**Theorem 3.10** Let  $\Omega \subseteq \mathbb{R}^n$  be open, convex and bounded. Let  $d = \operatorname{diam}(\Omega)$ . Suppose that  $1 \leq p < \infty$ . Then

$$\int_{\Omega} |u(x) - \bar{u}_{\Omega}|^{p} dx \le C^{p} d^{p} \int_{\Omega} |\nabla u(x)|^{p} dx$$

for all  $u \in W^{1,p}(\Omega)$ , where C > 0 is a constant depending only on n and the ratio  $d^n/m(\Omega)$ .

**Proof.** First note that

$$\bar{u}_{\Omega} = \int_{\Omega} u\varphi dx,$$

where  $\varphi = m(\Omega)^{-1} \chi_{\Omega}$ . Since  $W^{1,p}(\Omega) \subseteq W^{1,1}(\Omega)$ , it follows from Proposition 3.9 that

$$|u(x) - \bar{u}_{\Omega}| \le C_0 I_1(|\nabla u|)(x)$$

a.e. on  $\Omega$ , where  $C_0 = n^{-1} d^n m \left(\Omega\right)^{-1}$ . Using Proposition 2.6 we find that

$$\int_{\Omega} |u - \bar{u}_{\Omega}|^p \, dx \le C_0^p \int_{\Omega} I_1 \left( |\nabla u| \right)^p \, dx \le C_0^p C_1^p \int_{\Omega} |\nabla u|^p \, dx,$$

where  $C_1 = C_n m(\Omega)^{\frac{1}{n}}$ . Finally observe that

$$C_0 C_1 = (n^{-1} C_n) d^n m (\Omega)^{-1} m (\Omega)^{\frac{1}{n}} = (n^{-1} C_n) \left[ \frac{d^n}{m (\Omega)} \right]^{1 - \frac{1}{n}} d.$$

Recall that

$$\bar{u}_{x,r} = \frac{1}{m\left(B_r\right)} \int_{B(x,r)} u\left(y\right) dy$$

for  $u \in L^1(B(x,r))$ .

**Corollary 3.11** For every *n* there exists a constant C > 0 such that for every ball  $B(x,r) \subseteq \mathbb{R}^n$  and all  $u \in W^{1,p}(B(x,r)), 1 \leq p < \infty$ , we have

$$\int_{B(x,r)} |u(y) - \bar{u}_{x,r}|^p \, dy \le C^p r^p \int_{B(x,r)} |\nabla u(y)|^p \, dy.$$

**Proof.** Since d = diam(B(x,r)) = 2r and  $m(B(x,r)) = n^{-1}\omega_n r^n$ , this is an immediate consequence of the above theorem.

**Remark 3.12** In the proof of the next theorem we will make use of the following extension of the Hölder inequality. Suppose that  $(\Omega, \mathcal{A}, \mu)$  is any measure space and let  $1 \leq p_1, \ldots, p_k < \infty$  be such that

$$\frac{1}{p_1} + \dots + \frac{1}{p_k} = 1$$

Then

$$\int_{\Omega} |f_1 \cdots f_k| \, d\mu \le \left( \int_{\Omega} |f_1|^{p_1} \right)^{\frac{1}{p_1}} \cdots \left( \int_{\Omega} |f_1|^{p_k} \right)^{\frac{1}{p_k}}$$

for all measurable functions  $f_1, \ldots, f_k$  on  $\Omega$ . This follows via a simple induction argument from the case k = 2. Note that this implies in particular that

$$\int_{\Omega} \prod_{j=1}^{k} |f_j|^{\frac{1}{k}} d\mu \leq \prod_{j=1}^{k} \left( \int_{\Omega} |f_j| d\mu \right)^{\frac{1}{k}}.$$
(19)

If  $1 \le p < n$  we define  $p^*$  by

$$\frac{1}{p^*} = \frac{1}{p} - \frac{1}{n}.$$

The following inequality is sometimes called Sobolev's inequality.

**Theorem 3.13** Let  $\Omega \subseteq \mathbb{R}^n$  be open and  $1 \leq p < n$ . Then

$$\|u\|_{p^*} \le \frac{(n-1)p}{n-p} \|\nabla u\|_p$$

for all  $u \in W_0^{1,p}(\Omega)$ .

**Proof.** First we will consider the case that  $u \in C_c^1(\Omega) \subseteq C_c^1(\mathbb{R}^n)$  and p = 1. Note that  $p^* = \frac{n}{n-1}$  in this case. For every  $x = (x_1, \ldots, x_n)$  and all  $j = 1, \ldots, n$  we have

$$u(x) = \int_{-\infty}^{x_j} \frac{\partial u}{\partial x_j} (x_1, \dots, t_j, \dots, x_n) dt_j,$$

and so

$$|u(x)| \leq \int_{-\infty}^{\infty} \left| \frac{\partial u}{\partial x_j} (x_1, \dots, t_j, \dots, x_n) \right| dt_j$$

$$\leq \int_{-\infty}^{\infty} |\nabla u(x_1, \dots, t_j, \dots, x_n)| dt_j.$$
(20)

For the sake of notation we will write

$$\int_{-\infty}^{\infty} |\nabla u (x_1, \dots, t_j, \dots, x_n)| dt_j = \int_{-\infty}^{\infty} |\nabla u| dt_j$$

It follows from (20) that

$$|u(x)|^{\frac{n}{n-1}} \le \left(\int_{-\infty}^{\infty} |\nabla u| \, dt_1\right)^{\frac{1}{n-1}} \prod_{j=2}^{n} \left(\int_{-\infty}^{\infty} |\nabla u| \, dt_j\right)^{\frac{1}{n-1}}$$

and so, using (19) we find that

$$\int_{-\infty}^{\infty} |u(x)|^{\frac{n}{n-1}} dx_1 \leq \left( \int_{-\infty}^{\infty} |\nabla u| dt_1 \right)^{\frac{1}{n-1}} \int_{-\infty}^{\infty} \prod_{j=2}^{n} \left( \int_{-\infty}^{\infty} |\nabla u| dt_j \right)^{\frac{1}{n-1}} dx_1$$
$$\leq \left( \int_{-\infty}^{\infty} |\nabla u| dt_1 \right)^{\frac{1}{n-1}} \prod_{j=2}^{n} \left( \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |\nabla u| dt_j dx_1 \right)^{\frac{1}{n-1}}$$
$$= \left( \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |\nabla u| dt_2 dx_1 \right)^{\frac{1}{n-1}} \left( \int_{-\infty}^{\infty} |\nabla u| dx_1 \right)^{\frac{1}{n-1}}.$$
$$\prod_{j=3}^{n} \left( \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |\nabla u| dt_j dx_1 \right)^{\frac{1}{n-1}}.$$

Similarly, this implies that

$$\int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |u(x)|^{\frac{n}{n-1}} dx_1 dx_2$$

$$\leq \left( \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |\nabla u| dt_2 dx_1 \right)^{\frac{1}{n-1}} \left( \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |\nabla u| dx_1 dx_2 \right)^{\frac{1}{n-1}}.$$

$$\prod_{j=3}^{n} \left( \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |\nabla u| dt_j dx_1 dx_2 \right)^{\frac{1}{n-1}}$$

$$= \left( \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |\nabla u| dt_3 dx_1 dx_2 \right)^{\frac{1}{n-1}} \left( \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |\nabla u| dx_1 dx_2 \right)^{\frac{2}{n-1}}.$$

$$\prod_{j=4}^{n} \left( \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |\nabla u| dt_j dx_1 dx_2 \right)^{\frac{1}{n-1}}.$$

Repeating this argument we finally get

$$\int_{\mathbb{R}^n} |u\left(x\right)|^{\frac{n}{n-1}} dx \le \prod_{j=1}^n \left( \int_{\mathbb{R}^n} |\nabla u\left(x\right)| dx \right)^{\frac{1}{n-1}} = \left( \int_{\mathbb{R}^n} |\nabla u\left(x\right)| dx \right)^{\frac{n}{n-1}}$$

and so

$$\|u\|_{\frac{n}{n-1}} \le \|\nabla u\|_1 \,. \tag{21}$$

This completes the proof in case p = 1 and  $u \in C_c^1(\Omega)$ . Now we consider the case in which  $1 and <math>u \in C_c^1(\Omega)$ . Let  $q = \frac{(n-1)p}{n-p}$ . Note that q > 1 and that  $q\frac{n}{n-1} = p^*$ . Denote by p' the conjugate exponent of p and observe that  $(q-1)p' = p^*$ . Define  $v = |u|^q$ . Since q > 1 it follows that  $v \in C_c^1(\Omega)$  and  $\nabla v = q \operatorname{sgn}(u) |u|^{q-1} \nabla u$ . Applying (21) to the function v we find that

$$\begin{aligned} \|u\|_{p^*}^{q} &= \left(\int_{\mathbb{R}^n} |u|^{p^*} dx\right)^{\frac{q}{p^*}} = \left(\int_{\mathbb{R}^n} v^{\frac{n}{n-1}} dx\right)^{\frac{n-1}{n}} \\ &= \|v\|_{\frac{n}{n-1}} \le \|\nabla v\|_1 = q \int_{\mathbb{R}^n} |u|^{q-1} |\nabla u| dx \\ &\le q \left(\int_{\mathbb{R}^n} |u|^{p^*} dx\right)^{\frac{1}{p'}} \left(\int_{\mathbb{R}^n} |\nabla u|^p dx\right)^{\frac{1}{p}} \\ &= q \|u\|_{p^*}^{\frac{p^*}{p'}} \|\nabla u\|_p = q \|u\|_{p^*}^{q-1} \|\nabla u\|_p, \end{aligned}$$

and so  $\|u\|_{p^*} \leq q \|\nabla u\|_p$ . By this we have proved the theorem for  $u \in C_c^1(\Omega)$ and all  $1 \leq p < n$ .

Now take  $u \in W_0^{1,p}(\Omega)$ ,  $1 \le p < n$ . By definition there exists a sequence  $\{u_k\}_{k=1}^{\infty}$  in  $C_c^{\infty}(\Omega)$  such that  $\|u - u_k\|_{1,p} \to 0$ , i.e.,  $\|u - u_k\|_p \to 0$  and  $\|\nabla (u - u_k)\|_p \to 0$  as  $k \to \infty$ . From the first part of the present proof, applied to the functions  $u_k - u_l$ , we know that

$$||u_k - u_l||_{p^*} \le q ||\nabla (u_k - u_l)||_p$$

for all  $k, l \geq 1$ , so  $\{u_k\}_{k=1}^{\infty}$  is a Cauchy sequence in  $L^{p^*}(\Omega)$ . Now  $||u - u_k||_p \rightarrow 0$  implies that  $||u - u_k||_{p^*} \rightarrow 0$  as  $k \rightarrow \infty$ . Finally, since  $||u_k||_{p^*} \leq q ||\nabla u_k||_p$  for all  $k, u_k \rightarrow u$  in  $L^{p^*}(\Omega)$  and  $|\nabla u_k| \rightarrow |\nabla u|$  in  $L^p(\Omega)$  we may conclude that  $||u||_{p^*} \leq q ||\nabla u||_p$ , which completes the proof of the theorem.

For sake of completeness we mention the following corollary.

**Corollary 3.14** Let  $\Omega \subseteq \mathbb{R}^n$  be open with  $m(\Omega) < \infty$ . Suppose that  $p, r \ge 1$  are such that

$$\frac{1}{r} - \frac{1}{p} + \frac{1}{n} = \alpha \ge 0.$$

Then

$$\left\| u \right\|_{r} \le Cm \left( \Omega \right)^{\alpha} \left\| \nabla u \right\|_{p}$$

for all  $u \in W_0^{1,p}(\Omega)$ , where C > 0 is a constant only depending on n and r.

In particular, for  $p \ge 1$  there exists a constant C > 0 only depending on n and p such that  $||u||_p \le Cm(\Omega)^{\frac{1}{n}} ||\nabla u||_p$  for all  $u \in W_0^{1,p}(\Omega)$ .

**Proof.** First observe that the case n = 1 is easy. Indeed, it is sufficient to consider  $u \in C_c^{\infty}(\Omega) \subseteq C_c^{\infty}(\mathbb{R})$ . Then  $u(x) = \int_{-\infty}^x u'(t) dt$ , so

$$|u(x)| \leq \int_{-\infty}^{\infty} |u'(t)| dt \leq m(\Omega)^{\frac{1}{p'}} ||u'||_{p},$$

for all x, hence  $\|u\|_{\infty} \leq m(\Omega)^{\frac{1}{p'}} \|u'\|_{p}$ . This implies for all  $r \geq 1$  that

$$||u||_{r} \le m(\Omega)^{\frac{1}{r}} ||u||_{\infty} \le m(\Omega)^{\frac{1}{r}+\frac{1}{p'}} ||u'||_{p} = m(\Omega)^{\alpha} ||u'||_{p},$$

without any additional restrictions on p and r.

Now we assume that  $n \ge 2$ . Define  $s = \frac{nr}{n+r}$ . It is easy to check that  $1 \le s < n, s \le p$  (as  $\alpha \ge 0$ ) and  $r = s^*$ . In particular  $W_0^{1,p}(\Omega) \subseteq W_0^{1,s}(\Omega)$ . Now, with  $C = \frac{(n-1)s}{n-s}$ , it follows from the above theorem that

$$\begin{aligned} \|u\|_{r} &= \|u\|_{s^{*}} \leq C \, \|\nabla u\|_{s} \\ &\leq Cm\left(\Omega\right)^{\frac{1}{s}-\frac{1}{p}} \, \|\nabla u\|_{p} = Cm\left(\Omega\right)^{\alpha} \|\nabla u\|_{p} \end{aligned}$$

for all  $u \in W_0^{1,p}(\Omega)$ .

### 4 Hölder continuous functions.

In this section we discuss some characterizations of Hölder continuous functions in terms of average values.

#### 4.1 Definitions.

First we recall some of the relevant definitions. We assume that  $\Omega$  is an open subset of  $\mathbb{R}^n$  and that  $0 < \alpha \leq 1$ . A function  $u : \Omega \to \mathbb{C}$  is called (uniformly) Hölder continuous with exponent  $\alpha$  if there exists a constant K > 0 such that

$$\left|u\left(x\right) - u\left(y\right)\right| \le K \left|x - y\right|^{\alpha} \tag{22}$$

for all  $x, y \in \Omega$ . In the case that  $\alpha = 1$  the function u is called Lipschitz continuous. It is clear that any Hölder continuous function u is uniformly continuous on  $\Omega$  and hence has a unique continuous extension (which we will denote by u as well) to the closure  $\overline{\Omega}$ . It is clear that this extension satisfies (22) for all  $x, y \in \overline{\Omega}$ . If a function  $u : \Omega \to \mathbb{C}$  is bounded and if there exists  $\varepsilon_0 > 0$  such that (22) holds for all  $x, y \in \Omega$  satisfying  $|x - y| < \varepsilon_0$ , then u is uniformly Hölder continuous with exponent  $\alpha$ .

The space of all bounded Hölder continuous functions with exponent  $\alpha$  on the open set  $\Omega \subseteq \mathbb{R}^n$  is denoted by  $C^{0,\alpha}(\overline{\Omega})$ . It is easy to see that this space is a Banach space equipped with the norm given by

$$\|u\|_{0,\alpha} = \|u\|_{\infty} + \sup_{\substack{x,y \in \Omega \\ x \neq y}} \frac{|u(x) - u(y)|}{|x - y|^{\alpha}}$$

for all  $u \in C^{0,\alpha}(\overline{\Omega})$ .

A function  $u : \Omega \to \mathbb{C}$  is called locally Hölder continuous with exponent  $0 < \alpha \leq 1$  if for every open  $\Omega_0 \subseteq \Omega$  with  $\overline{\Omega}_0 \subseteq \Omega$  and  $\overline{\Omega}_0$  compact we have  $u_{|\Omega_0|} \in C^{0,\alpha}(\overline{\Omega}_0)$ . The space of all locally Hölder continuous functions with exponent  $\alpha$  on  $\Omega$  is denoted by  $C^{0,\alpha}(\Omega)$ . Although  $C^{0,\alpha}(\Omega)$  is not a Banach space, it has the obvious structure of a Fréchet space.

#### 4.2 The oscillation of a function.

Let  $\Omega \subseteq \mathbb{R}^n$  be open. For any measurable function  $u : \Omega \to \mathbb{C}$  we define the oscillation of u over  $\Omega$  by

 $\operatorname{osc}(u;\Omega) = \inf \left\{ \operatorname{diam}(D) : D \subseteq \mathbb{C} \text{ such that } u(x) \in D \text{ a.e. on } \Omega \right\}.$ 

It is easy to see that the infimum is actually a minimum. In particular, if  $\varepsilon > 0$ , then  $\operatorname{osc}(u; \Omega) \leq \varepsilon$  if and only if  $|u(x) - u(y)| \leq \varepsilon$  for almost all  $x, y \in \Omega$ . Obviously, if  $\Omega_0$  is an open subset of  $\Omega$ , then  $\operatorname{osc}(u; \Omega_0) \leq \operatorname{osc}(u; \Omega)$ .

If  $u: \Omega \to \mathbb{C}$  is measurable then for all  $x \in \Omega$  and all r > 0 we define

$$\omega_{u}(x,r) = \operatorname{osc}\left(u; B\left(x,r\right) \cap \Omega\right).$$

The following observation will be useful.

**Lemma 4.1** Let  $\Omega \subseteq \mathbb{R}^n$  be open and  $u : \Omega \to \mathbb{C}$  measurable. Then there exists a continuous function  $\bar{u} : \Omega \to \mathbb{C}$  such that  $u = \bar{u}$  a.e. on  $\Omega$  if and only if  $\lim_{r \downarrow 0} \omega_u(x, r) = 0$  for all  $x \in \Omega$ .

**Proof.** If such a continuous function  $\bar{u}$  exists, then it is clear that  $\lim_{r \downarrow 0} \omega_u(x,r) = \lim_{r \downarrow 0} \omega_{\bar{u}}(x,r) = 0$  for all  $x \in \Omega$ .

Now assume that  $\lim_{r\downarrow 0} \omega_u(x,r) = 0$  for all  $x \in \Omega$ . Fix  $x_0 \in \Omega$  and  $R_0 > 0$  such that  $\bar{B}(x_0, R_0) \subseteq \Omega$ . We will show that there exists a null set A such that u is uniformly continuous on  $\bar{B}(x_0, R_0) \setminus A$ . To this end take  $0 < k \in \mathbb{N}$  fixed for the moment. For every  $x \in \bar{B}(x_0, R_0)$  there exists  $r_x > 0$  such that  $\omega_u(x, r_x) < \frac{1}{k}$  and  $B(x_i, r_i) \subseteq \Omega$ . Using that  $\bar{B}(x_0, R_0)$  is compact it follows that there exist  $x_1, \ldots, x_N \in \bar{B}(x_0, R_0)$  and  $r_1, \ldots, r_N > 0$  such that

$$\bar{B}(x_0, R_0) \subseteq \bigcup_{i=1}^N B\left(x_i, \frac{r_i}{2}\right)$$

and  $\omega_u(x_i, r_i) < \frac{1}{k}$  for all i = 1, ..., N. For every *i* there exists a null set  $F_i$  such that  $|u(x) - u(y)| < \frac{1}{k}$  for all  $x, y \in B(x_i, r_i) \setminus F_i$ . Define  $A_k = F_1 \cup \cdots \cup F_N$  and  $\delta_k = \frac{1}{2} \min\{r_1, \ldots, r_N\}$ . We claim that  $|u(x) - u(y)| < \frac{1}{k}$  for all  $x, y \in \overline{B}(x_0, R_0) \setminus A_k$  with  $|x - y| < \delta_k$ . Indeed, there exists an *i* such that  $x \in B(x_i, \frac{r_i}{2})$  and from the definition of  $\delta_k$  it follows that  $B(x, \delta_k) \subseteq B(x_i, r_i)$ , so in particular  $y \in B(x_i, r_i)$ . Consequently  $x, y \in B(x_i, r_i) \setminus F_i$  and so  $|u(x) - u(y)| < \frac{1}{k}$ , which proves that claim. Define  $A = \bigcup_{k=1}^{\infty} A_k$ . We claim that *u* is uniformly continuous on  $\overline{B}(x_0, R_0) \setminus A$ . Indeed, let  $\varepsilon > 0$  be given. Take  $0 < k \in \mathbb{N}$  such that  $\frac{1}{k} < \varepsilon$ . If  $x, y \in \overline{B}(x_0, R_0) \setminus A_k$  and so  $|u(x) - u(y)| < \frac{1}{k} < \varepsilon$ , by which that claim is proved.

Since  $\overline{B}(x_0, R_0) \setminus A$  is dense in  $\overline{B}(x_0, R_0)$  it follows that there exists a unique continuous function  $\overline{u}_0 : \overline{B}(x_0, R_0) \to \mathbb{C}$  such that  $u = \overline{u}_0$  a.e. on  $\overline{B}(x_0, R_0)$ . If  $\overline{B}(x_1, R_1)$  and  $\overline{B}(x_2, R_2)$  are closed balls contained in  $\Omega$  and  $\overline{u}_1$ and  $\overline{u}_2$  are continuous functions on  $\overline{B}(x_1, R_1)$  and  $\overline{B}(x_2, R_2)$  respectively such that  $u = \overline{u}_1$  and  $u = \overline{u}_2$  a.e., then  $\overline{u}_1 = \overline{u}_2$  on  $B(x_1, R_1) \cap B(x_1, R_1)$ . From this observation it follows now immediately that there exists a continuous function  $\overline{u} : \Omega \to \mathbb{C}$  such that  $u = \overline{u}$  a.e. on  $\Omega$ . **Remark 4.2** Let  $u: \Omega \to \mathbb{C}$  be a measurable function. If  $x \in \Omega$  and if there exists a measurable function  $\bar{u}_x: \Omega \to \mathbb{C}$  which is continuous at x such that  $u = \bar{u}_x$  a.e. on  $\Omega$ , then it follows that  $\lim_{r\downarrow 0} \omega_u(x,r) = 0$ . Therefore, if for every  $x \in \Omega$  there exists a measurable function  $\bar{u}_x$  on  $\Omega$  which is continuous at x such that  $u = \bar{u}_x$  a.e. on  $\Omega$ , then  $\lim_{r\downarrow 0} \omega_u(x,r) = 0$  for all  $x \in \Omega$  and so by the above lemma there exists a continuous function  $\bar{u}: \Omega \to \mathbb{C}$  such that  $u = \bar{u}$  a.e. on  $\Omega$ .

For later reference we include the following simple observation.

**Lemma 4.3** For any open set  $\Omega \subseteq \mathbb{R}^n$  and measurable function  $u : \Omega \to \mathbb{C}$  the following two statements are equivalent:

- 1.  $u \in C^{0,\alpha}(\overline{\Omega});$
- 2. *u* is bounded and there exists a constant K > 0 and  $r_0 > 0$  such that  $\omega_u(x,r) \leq Kr^{\alpha}$  for all  $0 < r < r_0$  and all  $x \in \Omega$ .

**Proof.** It is clear that 1. implies 2. Now assume that u satisfies 2. First note that 2. implies that  $\lim_{r\downarrow 0} \omega_u(x,r) = 0$  and so, by Lemma 4.1 we may assume that u is continuous. Suppose that  $x, y \in \Omega$  are such that  $|x - y| < r_0$  and take r such that  $|x - y| < r < r_0$ . Then  $y \in B(x,r)$  and so, since u is continuous it follows that  $|u(x) - u(y)| \leq \omega_u(x,r) \leq Kr^{\alpha}$ . Letting  $r \downarrow |x - y|$  gives  $|u(x) - u(y)| \leq K |x - y|^{\alpha}$ . As observed already in Section 4.1, this suffices to show that  $u \in C^{0,\alpha}(\overline{\Omega})$ .

The following lemma gives a sufficient condition for a function u to belong to  $C^{0,\alpha}(\Omega)$ .

**Lemma 4.4** Suppose that  $\Omega \subseteq \mathbb{R}^n$  is open and  $u : \Omega \to \mathbb{C}$  is measurable such that there exists a constant K > 0 such that  $\omega_u(x,r) \leq Kr^{\alpha}$  for all  $x \in \Omega$  and all r > 0 such that  $\overline{B}(x, 2r) \subseteq \Omega$ . Then  $u \in C^{0,\alpha}(\Omega)$ .

**Proof.** The condition on u clearly imply that  $\lim_{r\downarrow 0} \omega_u(x,r) = 0$  for all  $x \in \Omega$ . Hence, by Lemma 4.1 we may assume that u is continuous. Let  $\Omega_0 \subseteq \Omega$  be open such that  $\overline{\Omega}_0$  is compact and  $\overline{\Omega}_0 \subseteq \Omega$ . Then u is bounded on  $\Omega_0$ . Since  $\overline{\Omega}_0$  is compact there exist  $r_0 > 0$  such that  $\overline{B}(x,2r) \subseteq \Omega$  for all  $x \in \Omega_0$  and all  $0 < r < r_0$ . Hence  $\omega_u(x,r) \leq Kr^{\alpha}$  for all  $x \in \Omega_0$  and all  $0 < r < r_0$ . This clearly implies that u satisfies condition 2. of the above lemma on  $\Omega_0$ , and so  $u \in C^{0,\alpha}(\overline{\Omega}_0)$ .

#### 4.3 Characterizations of Hölder continuity.

Suppose that  $\Omega$  is an open subset of  $\mathbb{R}^n$ . Recall that if  $u \in L^1_{loc}(\Omega)$  and  $\overline{B}(x,r) \subseteq \Omega$ , then we denote

$$\bar{u}_{x,r} = \frac{1}{m\left(B_r\right)} \int_{B(x,r)} u\left(y\right) dy.$$

The following result is due to S. Campanato (1963).

**Theorem 4.5** Assume that  $u \in L^1_{loc}(\Omega)$  and  $0 < \alpha \leq 1$ . If there exists a constant M > 0 such that

$$\frac{1}{m\left(B_{r}\right)}\int_{B\left(x,r\right)}\left|u\left(y\right)-\bar{u}_{x,r}\right|dy\leq Mr^{c}$$

for all balls with  $\overline{B}(x,r) \subseteq \Omega$ , then

$$\omega_u\left(x,r\right) \le CMr^{\alpha}$$

for all  $x \in \Omega$  and all r > 0 for which  $\overline{B}(x, 2r) \subseteq \Omega$ , where C > 0 is a constant only depending on n and  $\alpha$ . In particular,  $u \in C^{0,\alpha}(\Omega)$ .

**Proof.** We start the proof with the following observation. Suppose that  $z \in \Omega$  and r > 0 are such that  $\overline{B}(z,r) \subseteq \Omega$ . Now take  $x \in \Omega$  such that  $|x-z| < \frac{1}{2}r$ . We claim that

$$\left|\bar{u}_{x,\frac{r}{2}} - \bar{u}_{z,r}\right| \le 2^n M r^{\alpha}.$$
(23)

Indeed, using that  $B\left(x,\frac{r}{2}\right) \subseteq B\left(z,r\right)$ , we find that

$$\begin{aligned} \left| \bar{u}_{x,\frac{r}{2}} - \bar{u}_{z,r} \right| &= \left| \frac{1}{m \left( B_{\frac{r}{2}} \right)} \int_{B\left(x,\frac{r}{2}\right)} \left\{ u\left(y\right) - \bar{u}_{z,r} \right\} dy \right| \\ &\leq \frac{1}{m \left( B_{\frac{r}{2}} \right)} \int_{B\left(x,\frac{r}{2}\right)} \left| u\left(y\right) - \bar{u}_{z,r} \right| dy \\ &\leq \frac{2^{n}}{m \left( B_{r} \right)} \int_{B\left(z,r\right)} \left| u\left(y\right) - \bar{u}_{z,r} \right| dy \leq 2^{n} M r^{\alpha}, \end{aligned}$$

which proves that claim.

As before we denote by  $\mathcal{L}_u$  the Lebesgue points of the function u. Fix  $x \in \mathcal{L}_u$  and r > 0 such that  $\overline{B}(x, r) \subseteq \Omega$ . It follows in particular from (23) that

$$\left|\bar{u}_{x,2^{-j}r} - \bar{u}_{x,2^{-j+1}r}\right| \le 2^n M 2^{(-j+1)\alpha} r^{\alpha}$$

for all  $j = 1, 2, \ldots$  and so

$$\begin{aligned} \left| \bar{u}_{x,2^{-k}} - \bar{u}_{x,r} \right| &\leq \sum_{j=1}^{k} \left| \bar{u}_{x,2^{-j}r} - \bar{u}_{x,2^{-j+1}r} \right| \leq 2^{n} M r^{\alpha} \sum_{j=1}^{k} 2^{(-j+1)\alpha} \\ &= 2^{n} \frac{1 - 2^{-k\alpha}}{1 - 2^{-\alpha}} M r^{\alpha} \leq 2^{n} \frac{1}{1 - 2^{-\alpha}} M r^{\alpha} = C_{1} M r^{\alpha} \end{aligned}$$

for all  $k = 1, 2, \dots$  Since  $x \in \mathcal{L}_u$  we have

$$\lim_{r\downarrow 0}\bar{u}_{x,2^{-k}}=u\left(x\right),$$

hence

$$|u(x) - \bar{u}_{x,r}| \le C_1 M r^{\alpha}.$$

Now take  $x \in \Omega$  and r > 0 such that  $\overline{B}(x, 2r) \subseteq \Omega$ . For any  $y \in B(x, r) \cap \mathcal{L}_u$  we find that

$$|u(y) - \bar{u}_{x,2r}| \leq |u(y) - \bar{u}_{y,r}| + |\bar{u}_{y,r} - \bar{u}_{x,2r}| \\ \leq C_1 M r^{\alpha} + 2^n M (2r)^{\alpha} = [C_1 + 2^n 2^{\alpha}] M r^{\alpha}.$$

This implies that

$$\left|u\left(y\right) - u\left(z\right)\right| \le CMr^{\alpha}$$

for all  $y, z \in B(x, r) \cap \mathcal{L}_u$  and hence  $\omega_u(x, r) \leq CMr^{\alpha}$ . The last statement of the theorem now follows from Lemma 4.4.

The following theorem goes back to C.B. Morrey.

**Theorem 4.6** Let  $\Omega$  be an open subset of  $\mathbb{R}^n$  and let  $u \in W^{1,1}(\Omega)$ . Suppose that  $0 < \alpha \leq 1$  and that there exists a constant M > 0 such that

$$\frac{1}{m\left(B_r\right)} \int_{B(x,r)} \left|\nabla u\right| dx \le M r^{\alpha - 1} \tag{24}$$

for all open balls  $B(x,r) \subseteq \Omega$ . Then

$$\omega_u\left(x,r\right) \le CMr^{\alpha}$$

for all  $x \in \Omega$  and all r > 0 for which  $B(x, 2r) \subseteq \Omega$ , where C > 0 is a constant only depending on n and  $\alpha$ . In particular,  $u \in C^{0,\alpha}(\Omega)$ .

**Proof.** It follows from Corollary 3.11 that there exists a constant  $C_1 > 0$ , only depending on n, such that

$$\int_{B(x,r)} |u - \bar{u}_{x,r}| \, dy \le C_1 r \int_{B(x,r)} |\nabla u| \, dy$$

for all  $x \in \Omega$  and r > 0 such that  $B(x, r) \subseteq \Omega$ . Hence it follows from (24) that

$$\frac{1}{m\left(B_{r}\right)}\int_{B\left(x,r\right)}\left|u-\bar{u}_{x,r}\right|dy\leq C_{1}Mr^{\alpha}$$

for all balls  $B(x,r) \subseteq \Omega$ . This shows that the conditions of Theorem 4.5 are fulfilled, by which the result follows.

**Corollary 4.7** Let  $\Omega$  be an open subset of  $\mathbb{R}^n$  and let  $u \in W^{1,p}(\Omega)$ ,  $1 \le p < \infty$ . Suppose that  $0 < \alpha \le 1$  and that there exists a constant M > 0 such that

$$\frac{1}{m\left(B_{r}\right)}\int_{B\left(x,r\right)}\left|\nabla u\right|^{p}dx\leq M^{p}r^{p\alpha-p}$$

for all open balls  $B(x,r) \subseteq \Omega$ . Then

$$\omega_u\left(x,r\right) \le CMr^{\alpha}$$

for all  $x \in \Omega$  and all r > 0 for which  $B(x, 2r) \subseteq \Omega$ , where C > 0 is a constant only depending on n and  $\alpha$ . In particular,  $u \in C^{0,\alpha}(\Omega)$ .

**Proof.** For all  $B(x, r) \subseteq \Omega$  we have

$$\frac{1}{m\left(B_{r}\right)}\int_{B\left(x,r\right)}\left|\nabla u\right|dy\leq\left(\frac{1}{m\left(B_{r}\right)}\int_{B\left(x,r\right)}\left|\nabla u\right|^{p}dy\right)^{\frac{1}{p}}\leq Mr^{\alpha-1}.$$

This shows that the assumptions of the previous theorem are satisfied and the result follows.  $\blacksquare$ 

## 5 Bounded mean oscillation.

In this section we discuss some of the basic properties of functions of bounded mean oscillation. In particular we will present a proof of the John-Nirenberg theorem.

#### 5.1 Definitions.

Let  $\Omega$  be an open subset of  $\mathbb{R}^n$ . We will assume that  $\Omega$  is connected. It will be more convenient in this section to use closed cubes in  $\mathbb{R}^n$  instead of balls. The collection of all closed cubes in  $\mathbb{R}^n$  will be denoted by  $\mathcal{Q}$ . If  $f \in L^1_{loc}(\Omega)$ and if Q is a closed cube such that  $Q \subseteq \Omega$  then we will denote the mean value of f on Q by  $f_Q$ , i.e.,

$$f_Q = \frac{1}{m(Q)} \int_Q f(x) \, dx.$$

**Definition 5.1** We say that a function  $f \in L^1_{loc}(\Omega)$  is of bounded mean oscillation on  $\Omega$  if

$$\|f\|_{BMO} = \sup_{\substack{Q \in \mathcal{Q} \\ Q \subseteq \Omega}} \frac{1}{m(Q)} \int_{Q} |f(x) - f_{Q}| \, dx < \infty.$$

The collection of all such functions will be denoted by  $BMO(\Omega)$ .

It is clear that  $BMO(\Omega)$  is a vector space and that  $\|\cdot\|_{BMO}$  is a seminorm. If  $f \in L^1_{loc}(\Omega)$ , then  $\|f\|_{BMO} = 0$  if and only if f is a.e. constant on  $\Omega$ . Identifying functions which differ by a constant, i.e., replacing  $BMO(\Omega)$  by the quotient space  $BMO(\Omega) \nearrow \mathbb{C}\mathbf{1}$ , we obtain the normed space  $(BMO(\Omega) \nearrow \mathbb{C}\mathbf{1}, \|\cdot\|_{BMO})$ . In the sequel however we will consider  $BMO(\Omega)$ as a space of functions and not of such equivalence classes.

It is easy to see that  $L^{\infty}(\Omega) \subseteq BMO(\Omega)$  and that  $||f||_{BMO} \leq 2 ||f||_{\infty}$  for all  $f \in L^{\infty}(\Omega)$  (and actually  $||f||_{BMO} \leq ||f||_{\infty}$  for all  $f \in L^{\infty}(\Omega)$ ).

**Lemma 5.2** 1. If  $f \in L^{1}_{loc}(\Omega)$  and if there exists a constant  $A \geq 0$  such that for every closed cube  $Q \subseteq \Omega$  there is an  $\alpha_Q \in \mathbb{C}$  with the property that

$$\frac{1}{m(Q)} \int_{Q} |f(x) - \alpha_{Q}| \, dx \le A, \tag{25}$$

then  $f \in BMO(\Omega)$  and  $||f||_{BMO} \leq 2A$ .

- 2. If  $f \in BMO(\Omega)$  then  $|f| \in BMO(\Omega)$  and  $||f||_{BMO} \le 2 ||f||_{BMO}$ . In particular  $BMO(\Omega)$  is a lattice.
- 3. In the case that  $\Omega = \mathbb{R}^n$ , the space  $BMO(\mathbb{R}^n)$  is invariant under translations and dilations. To be more precise, if  $f \in BMO(\mathbb{R}^n)$  and if we define for  $a \in \mathbb{R}^n$  and  $\delta > 0$  the functions  $T_a f$  and  $D_{\delta} f$  by  $(T_a f)(x) =$ f(x+a) and  $(D_{\delta} f)(x) = f(\delta x)$  respectively for all  $x \in \mathbb{R}^n$ , then  $T_a f, D_{\delta} f \in BMO(\mathbb{R}^n)$  and  $\|T_a f\|_{BMO} = \|D_{\delta} f\|_{BMO} = \|f\|_{BMO}$ .

#### Proof.

1. First note that (25) implies that

$$|f_Q - \alpha_Q| = \left| \frac{1}{m(Q)} \int_Q (f(x) - \alpha_Q) \, dx \right|$$
  
$$\leq \frac{1}{m(Q)} \int_Q |f(x) - \alpha_Q| \, dx \leq A.$$

Hence

$$\frac{1}{m(Q)} \int_{Q} |f(x) - f_{Q}| dx \qquad (26)$$

$$\leq \frac{1}{m(Q)} \int_{Q} |f(x) - \alpha_{Q}| dx + |f_{Q} - \alpha_{Q}| \leq 2A.$$

2. For any closed cube  $Q \subseteq \Omega$  we have

$$\frac{1}{m(Q)} \int_{Q} ||f(x)| - |f_{Q}|| \, dx \le \frac{1}{m(Q)} \int_{Q} |f(x) - f_{Q}| \, dx \le ||f||_{BMO}$$

and so the result follows immediately from 1. (applied with  $\alpha_Q = |f_Q|$ ).

3. For  $T_a f$  the statement follows immediately from the translation invariance of the Lebesgue measure in  $\mathbb{R}^n$ . We indicate the proof for  $D_{\delta} f$ . Let Q be any closed cube in  $\mathbb{R}^n$ . We denote  $\delta Q = \{\delta x : x \in Q\}$ . Then

$$(D_{\delta}f)_{Q} = \frac{1}{m(Q)} \int_{Q} f(\delta x) dx = \frac{1}{\delta^{n}m(Q)} \int_{\delta Q} f(y) dy$$
$$= \frac{1}{m(\delta Q)} \int_{\delta Q} f(y) dy = f_{\delta Q}.$$

Hence

$$\frac{1}{m(Q)} \int_{Q} \left| D_{\delta} f(x) - (D_{\delta} f)_{Q} \right| dx = \frac{1}{m(\delta Q)} \int_{\delta Q} \left| f(y) - f_{\delta Q} \right| dy, \quad (27)$$

from which the claim follows.

**Remark 5.3** We consider the case  $\Omega = \mathbb{R}^n$ . It is easy to see that a function  $f \in L^1_{loc}(\mathbb{R}^n)$  belongs to  $BMO(\mathbb{R}^n)$  if and only if there exists a constant A > 0 such that

$$\frac{1}{m(B)} \int_{B} |f(x) - f_{B}| \, dx \le A$$

for all open (or closed) balls  $B \subseteq \mathbb{R}^n$ . It is clear that (27) and (26) also hold if we replace the cube Q by a ball B.

**Example 5.4** Take  $\Omega = \mathbb{R}^n$  and define  $f(x) = \log |x|$ . Then  $f \in BMO(\mathbb{R}^n)$ . To verify this statement first observe that it follows from (27) that for any open ball  $B \subseteq \mathbb{R}^n$  and all  $\delta > 0$  we have

$$\frac{1}{m(B)} \int_{B} |f(x) - f_{B}| dx = \frac{1}{m(\delta^{-1}B)} \int_{\delta^{-1}B} |D_{\delta}f(x) - (D_{\delta}f)_{\delta^{-1}B}| dx$$
$$= \frac{1}{m(\delta^{-1}B)} \int_{\delta^{-1}B} |f(x) - f_{\delta^{-1}B}| dx,$$

as  $D_{\delta}f(x) = \log(|\delta x|) = \log |x| + \log (\delta)$ . Therefore it is sufficient to consider balls B with radius equal to 1 only. Now we consider two cases:

(*i*).  $B = B(x_0, 1)$  with  $|x_0| \le 2$ . Then  $B \subseteq B(0, 3)$  and so

$$\frac{1}{m(B)} \int_{B} |f(x)| \, dx \le \frac{1}{m(B)} \int_{B(0,3)} |\log |x|| \, dx < \infty.$$

(ii).  $B = B(x_0, 1)$  with  $|x_0| > 2$ . In this case we have

$$\frac{1}{m(B)} \int_{B} |f(x) - f(x_{0})| \, dx = \frac{1}{m(B)} \int_{B} \left| \log \frac{|x|}{|x_{0}|} \right| \, dx \le \log 2,$$

since

$$\frac{1}{2} \le \frac{|x|}{|x_0|} \le 2$$

for all  $x \in B$ .

Via (26) we may now conclude that  $f \in BMO(\mathbb{R}^n)$ . It should be observed that (in case n = 1) the function  $f(x) = \log |x| \chi_{(0,\infty)}(x)$  does not belong to  $BMO(\mathbb{R})$  (although it belongs to  $BMO(0,\infty)$ ).

**Proposition 5.5**  $(BMO(\Omega) \nearrow \mathbb{C}\mathbf{1}, \|\cdot\|_{BMO})$  is a Banach space.

**Proof.** We start with the following observation. Suppose that  $Q_1, Q_2 \in \mathcal{Q}$  such that  $Q_1 \subseteq Q_2 \subseteq \Omega$ . For any  $f \in BMO(\Omega)$  we then have

$$|f_{Q_{1}} - f_{Q_{2}}| = \left| \frac{1}{m(Q_{1})} \int_{Q_{1}} (f(x) - f_{Q_{2}}) dx \right|$$
  

$$\leq \frac{1}{m(Q_{1})} \int_{Q_{1}} |f(x) - f_{Q_{2}}| dx$$
  

$$\leq \left( \frac{m(Q_{2})}{m(Q_{1})} \right) \frac{1}{m(Q_{2})} \int_{Q_{2}} |f(x) - f_{Q_{2}}| dx \qquad (28)$$
  

$$\leq \left( \frac{m(Q_{2})}{m(Q_{1})} \right) \|f\|_{BMO}.$$

; From this observation it follows that for any two closed cubes  $Q_1, Q_2 \subseteq \Omega$  such that int  $(Q_1 \cap Q_2) \neq \emptyset$  there exists a constant  $c(Q_1, Q_2) > 0$  such that

$$|f_{Q_1} - f_{Q_2}| \le c \left(Q_1, Q_2\right) \|f\|_{BMO}$$
(29)

for all  $f \in BMO(\Omega)$ . Indeed, take a closed cube  $Q_3 \subseteq Q_1 \cap Q_2$ . Then it follows from (28) that

$$\begin{aligned} |f_{Q_1} - f_{Q_2}| &\leq |f_{Q_1} - f_{Q_3}| + |f_{Q_3} - f_{Q_2}| \\ &\leq \left(\frac{m(Q_1)}{m(Q_3)} + \frac{m(Q_2)}{m(Q_3)}\right) \|f\|_{BMO} \end{aligned}$$

for all  $f \in BMO(\Omega)$ .

Now assume that  $\{f_k\}_{k=1}^{\infty}$  in  $BMO(\Omega)$  is such that  $||f_k - f_l||_{BMO} \to 0$ as  $k, l \to \infty$ . We have to prove that there exists  $f \in BMO(\Omega)$  such that  $||f_k - f||_{BMO} \to 0$  as  $k \to \infty$ . Take a fixed closed cube  $Q_0 \subseteq \Omega$ . Replacing  $f_k$  by  $f_k - (f_k)_{Q_0}$  we may assume that  $(f_k)_{Q_0} = 0$  for all k. Now let  $Q_c$  be the collection of all closed cubes  $Q \subseteq \Omega$  with the property that  $\{(f_k)_Q\}_{k=1}^{\infty}$  is convergent in  $\mathbb{C}$  and put  $\Omega_c = \bigcup \{\operatorname{int}(Q) : Q \in Q_c\}$ . We claim that  $\Omega \setminus \Omega_c$  is open. Indeed, let  $Q_1$  be any closed cube such that  $Q_1 \subseteq \Omega$  and  $Q_1 \cap \Omega_c \neq \emptyset$ . Then there exists  $Q_2 \in Q_c$  such that  $\operatorname{int}(Q_1 \cap Q_2) \neq \emptyset$  and so it follows from (29) that

$$\left| \left\{ (f_k)_{Q_1} - (f_l)_{Q_1} \right\} - \left\{ (f_k)_{Q_2} - (f_l)_{Q_2} \right\} \right|$$
  
=  $\left| (f_k - f_l)_{Q_1} - (f_k - f_l)_{Q_2} \right| \le c \left(Q_1, Q_2\right) \|f_k - f_l\|_{BMO}$ 

Since  $\left\{(f_k)_{Q_2}\right\}_{k=1}^{\infty}$  is convergent, this implies that  $\left\{(f_k)_{Q_1}\right\}_{k=1}^{\infty}$  is convergent and hence  $Q_1 \in \mathcal{Q}_c$ . Hence  $Q_1 \subseteq \Omega_c$ , from which the claim follows. Since  $\Omega$  is assumed to be connected this shows that  $\Omega = \Omega_c$ . We thus have shown that for any closed cube  $Q \subseteq \Omega$  the sequence  $\left\{(f_k)_Q\right\}_{k=1}^{\infty}$  is convergent. ¿From this it follows that

$$\frac{1}{m(Q)} \int_{Q} |f_{k} - f_{l}| dx$$

$$\leq \frac{1}{m(Q)} \int_{Q} \left| (f_{k} - f_{l}) - (f_{k} - f_{l})_{Q} \right| dx + \left| (f_{k})_{Q} - (f_{l})_{Q} \right|$$

$$\leq \|f_{k} - f_{l}\|_{BMO} + \left| (f_{k})_{Q} - (f_{l})_{Q} \right|.$$

Therefore, the restrictions of  $\{f_k\}$  to Q are a Cauchy sequence in  $L^1(Q)$ and so there exists  $f^Q \in L^1(Q)$  such that  $\|f_k - f^Q\|_{L^1(Q)} \to 0$  as  $k \to \infty$ . If  $Q_1$  and  $Q_2$  are two such closed cubes, then it is clear that  $f^{Q_1} = f^{Q_2}$ a.e. on  $Q_1 \cap Q_2$ . Hence there exists  $f \in L^1_{loc}(\Omega)$  such that  $f_{|Q} = f^Q$  for every closed cube  $Q \subseteq \Omega$ . It remains to show that  $f \in BMO(\Omega)$  and that  $||f_k - f||_{BMO} \to 0$  as  $k \to \infty$ . To this end let  $\varepsilon > 0$  be given. Then there exists  $N \in \mathbb{N}$  such that  $||f_k - f_l|| \le \varepsilon$  for all  $k, l \ge N$ . Take a closed cube  $Q \subseteq \Omega$ . Then

$$\frac{1}{m(Q)} \int_{Q} \left| f_{k} - f_{l} - (f_{k})_{Q} - (f_{l})_{Q} \right| dx \leq \varepsilon$$

for all  $k, l \geq N$ . Since  $(f_l)_{|Q} \to f_{|Q}$  in  $L^1(Q)$  implies that  $(f_l)_Q \to f_Q$ , it follows via Fatou's lemma that

$$\frac{1}{m(Q)} \int_{Q} \left| (f_k - f) - (f_k - f)_Q \right| dx \le \varepsilon$$

for all  $k \geq N$ . This shows that

$$\sup_{\substack{Q \in \mathcal{Q} \\ Q \subseteq \Omega}} \frac{1}{m(Q)} \int_{Q} \left| (f_k - f) - (f_k - f)_Q \right| dx \le \varepsilon$$

for all  $k \geq N$ . Consequently  $f_k - f \in BMO(\Omega)$ , so  $f \in BMO(\Omega)$ , and

 $\|f_k - f\|_{BMO} \le \varepsilon$ 

for all  $k \ge N$ , which completes the proof of the proposition.

#### 5.2 The John-Nirenberg theorem.

For the proof of this theorem we will use the following form of the so-called Calderón-Zygmund decomposition. For sake of convenience we will say that two closed cubes in  $\mathbb{R}^n$  are disjoint if their interiors are disjoint.

**Proposition 5.6** Let  $Q_0$  be a closed cube in  $\mathbb{R}^n$  and suppose that  $u \in L^1(Q_0)$ . Let  $\alpha$  be a constant such that

$$\frac{1}{m\left(Q_{0}\right)}\int_{Q_{0}}\left|u\right|dx<\alpha.$$

Then there exists an at most countable collection  $\{Q_j\}$  of mutually disjoint subcubes of  $Q_0$  such that

- 1.  $|u| \leq \alpha \text{ a.e. on } Q_0 \setminus \left(\bigcup_j Q_j\right);$
- 2. for all j we have

$$\alpha \le \frac{1}{m\left(Q_j\right)} \int_{Q_j} |u| \, dx < 2^n \alpha;$$

3.  $\sum_{j} m(Q_{j}) \le \alpha^{-1} \int_{Q_{0}} |u| dx.$ 

**Proof.** Without loss of generality we may assume that  $Q_0 = [0, 1]^n$ . The following terminology will be convenient. If  $Q \subseteq Q_0$  is a subcube, then we will say that:

- Q is a case I cube if  $m(Q)^{-1} \int_{Q} |u| dx < \alpha;$
- Q is a case II cube if  $m(Q)^{-1} \int_{Q} |u| dx \ge \alpha$ .

By hypothesis,  $Q_0$  is a case I cube. Now we partition  $Q_0$  in  $2^n$  equal disjoint cubes. If one of these subcubes is a case II cube, then we put this cube in the collection  $\{Q_j\}$ . On the remaining case I cubes we repeat the above procedure.

We claim that the in this way constructed collection  $\{Q_j\}$  has the desired properties. Indeed, it is clear that the collection  $\{Q_j\}$  is pairwise disjoint. Now take  $x \in Q_0 \setminus (\bigcup_j Q_j)$ . Then any dyadic cube  $\Delta \subseteq Q_0$  with  $x \in \Delta$ must be case I and so

$$\frac{1}{m\left(\Delta\right)}\int_{\Delta}\left|u\right|dx<\alpha.$$

Now assume in addition that x is a Lebesgue point of |u| and take a sequence  $\{\Delta_k\}_{k=1}^{\infty}$  of dyadic cubes in  $Q_0$  such that  $x \in \Delta_k$  for all k and  $m(\Delta_k) \to 0$  as  $k \to \infty$ . Then

$$\frac{1}{m(\Delta_k)} \int_{\Delta_k} |u| \, dx \to |u(x)| \quad \text{as } k \to \infty$$

and so  $|u(x)| \leq \alpha$ . This shows that  $\{Q_j\}$  satisfies (i).

To prove property (ii), take any of the cubes  $Q_j$ . Let  $Q_j^*$  be the dyadic ancestor of  $Q_j$  (i.e.,  $Q_j$  was obtained by subdivision of  $Q_j^*$ ). Since  $Q_j^*$  was not selected, it must be a case I cube. Hence,

$$\alpha > \frac{1}{m(Q_j^*)} \int_{Q_j^*} |u| \, dx \ge \frac{1}{2^n m(Q_j)} \int_{Q_j} |u| \, dx \ge 2^{-n} \alpha$$

and this is (ii).

Finally, since the cubes  $\{Q_j\}$  are mutually disjoint, it follows immediately from (ii) that

$$\sum_{j} m\left(Q_{j}\right) \leq \sum_{j} \frac{1}{\alpha} \int_{Q_{j}} \left|u\right| dx \leq \frac{1}{\alpha} \int_{Q_{0}} \left|u\right| dx,$$

which is (iii).  $\blacksquare$ 

**Theorem 5.7 (John-Nirenberg)** Let  $Q_0$  be a closed cube in  $\mathbb{R}^n$  and suppose that  $f \in BMO(Q_0)$ . Then for every cube  $Q \subseteq Q_0$  and all  $\lambda > 0$  we have

$$m\left(\left\{x \in Q : |f(x) - f_Q| > \lambda\right\}\right) \le Cm\left(Q\right)\exp\left(\frac{-c\lambda}{\|f\|_{BMO}}\right),$$

where C, c > 0 are constants only depending on n.

**Proof.** We may assume that  $||f||_{BMO} \leq 1$ , i.e., that

$$\frac{1}{m\left(Q\right)}\int_{Q}\left|f\left(x\right)-f_{Q}\right|dx\leq1$$

for all cubes  $Q \subseteq Q_0$ .

Now let Q be a fixed cube in  $Q_0$ . We apply Proposition 5.6 to the function  $u = |f - f_Q|$  with  $\alpha = \frac{3}{2}$ . This yields a collection  $\{Q_j^1\}_{j=1}^{\infty}$  of disjoint subcubes of Q such that

- (i).  $|f f_Q| \leq \frac{3}{2}$  a.e. on  $Q \setminus \left(\bigcup_j Q_j^1\right);$
- (ii). for all j we have

$$\left| f_{Q_{j}^{1}} - f_{Q} \right| \leq \frac{1}{m\left(Q_{j}^{1}\right)} \int_{Q_{j}^{1}} \left| f\left(x\right) - f_{Q} \right| dx < 3.2^{n-1};$$

(iii).

$$\sum_{j} m(Q_{j}^{1}) \leq \frac{2}{3} \int_{Q} |f - f_{Q}| \, dx \leq \frac{2}{3} m(Q) \, .$$

Note that the first inequality in (ii) follows from

$$\left| f_{Q_{j}^{1}} - f_{Q} \right| = \left| \frac{1}{m\left(Q_{j}^{1}\right)} \int_{Q_{j}^{1}} \left( f\left(x\right) - f_{Q} \right) dx \right| \le \frac{1}{m\left(Q_{j}^{1}\right)} \int_{Q_{j}^{1}} \left| f\left(x\right) - f_{Q} \right| dx.$$

Now apply Proposition 5.6 to each cube  $Q_j^1$  and the function  $\left|f - f_{Q_j^1}\right|$ , again with  $\alpha = \frac{3}{2}$ . This gives a collection  $\{Q_j^2\}$  of disjoint cubes (each  $Q_j^2$  is contained in some  $Q_j^1$ ). For almost all  $x \in (\bigcup Q_j^1) \searrow (\bigcup Q_j^2)$  we have

$$|f(x) - f_Q| \le \left| f(x) - f_{Q_j^1} \right| + \left| f_{Q_j^1} - f_Q \right| < \frac{3}{2} + 3.2^{n-1} < 2.3.2^{n-1}.$$

This inequality certainly holds for  $x \in Q \setminus (\bigcup Q_j^1)$ . Hence

$$|f(x) - f_Q| < 2.3.2^{n-1}$$

for all  $x \in Q \setminus (\bigcup Q_j^2)$ . Furthermore,

$$\left| f_{Q_{j}^{2}} - f_{Q_{j}^{1}} \right| \leq \frac{1}{m\left(Q_{j}^{2}\right)} \int_{Q_{j}^{2}} \left| f\left(x\right) - f_{Q_{j}^{1}} \right| dx < 3.2^{n-1}$$

whenever  $Q_j^2 \subseteq Q_j^1$  and so

$$\left| f_{Q_j^2} - f_Q \right| \le \left| f_{Q_j^2} - f_{Q_j^1} \right| + \left| f_{Q_j^1} - f_Q \right| < 2.3.2^{n-1}.$$

Moreover,

$$\sum_{j} m\left(Q_{j}^{2}\right) \leq \frac{2}{3} \sum_{j} m\left(Q_{j}^{1}\right) \leq \left(\frac{2}{3}\right)^{2} m\left(Q\right).$$

Continuing this process we obtain at stage k a collection  $\left\{Q_j^k\right\}$  of mutually disjoint cubes such that

$$\begin{cases} |f(x) - f_Q| < 3k2^{n-1} \text{ a.e. on } Q \setminus \left(\bigcup_j Q_j^k\right) \\ \sum_j m\left(Q_j^k\right) \le \left(\frac{2}{3}\right)^k m\left(Q\right) \end{cases}.$$

Now take  $\lambda > 0$  and suppose that  $3k2^{n-1} < \lambda \leq 3(k+1)2^{n-1}$  for some  $k \geq 1$ . Then

$$\{x \in Q : |f(x) - f_Q| > \lambda\} \subseteq \bigcup_j Q_j^k$$

and so

$$m\left(\left\{x \in Q : |f(x) - f_Q| > \lambda\right\}\right) \leq \sum_j m\left(Q_j^k\right) \leq \left(\frac{2}{3}\right)^k m\left(Q\right)$$
$$\leq e^{-c\lambda}m\left(Q\right)$$

with e.g.  $c = 3^{-1}2^{-n} \log \left(\frac{3}{2}\right)$ . If  $0 < \lambda \le 3.2^{n-1}$ , then

$$m(\{x \in Q : |f(x) - f_Q| > \lambda\}) \le m(Q) \le e^{3 \cdot 2^{n-1}c} e^{-c\lambda} m(Q)$$

and so we can take  $C = \exp(3.2^{n-1}c)$ .

#### 5.3 Some consequences.

Next we will discuss some consequences of the John-Nirenberg theorem. First we recall some useful formulas from general integration theory.

Suppose that  $(\Omega, \mathcal{A}, \mu)$  is a measure space. Let  $f : \Omega \to \mathbb{C}$  be a measurable function. The distribution function  $d_{|f|} : [0, \infty) \to [0, \mu(\Omega)]$  of |f| is then defined by

$$d_{\left|f\right|}\left(\lambda\right) = \mu\left\{x \in \Omega : \left|f\left(x\right)\right| > \lambda\right\}.$$

Note that  $d_{|f|}$  is decreasing, left continuous and if there exists  $\lambda_0$  such that  $d_{|f|}(\lambda_0) < \infty$ , then  $d_{|f|}(\lambda) \to 0$  as  $\lambda \to \infty$ .

**Lemma 5.8** Let  $\varphi : [0, \infty) \to [0, \infty)$  be measurable and define  $\Phi(t) = \int_0^t \varphi(s) \, ds$  for all  $t \ge 0$ . For every measurable function  $f : \Omega \to \mathbb{C}$  we have

$$\int_{\Omega} \Phi\left(|f|\right) d\mu = \int_{0}^{\infty} \varphi\left(s\right) d_{|f|}\left(s\right) ds.$$

**Proof.** Using Fubini's theorem it follows that

$$\begin{split} \int_{\Omega} \Phi\left(|f|\right) d\mu\left(x\right) &= \int_{\Omega} \int_{0}^{|f(x)|} \varphi\left(s\right) ds d\mu\left(x\right) \\ &= \int_{0}^{\infty} \int_{\Omega} \chi_{\{|f| > s\}} \varphi\left(s\right) d\mu\left(x\right) ds \\ &= \int_{0}^{\infty} \varphi\left(s\right) \mu\left\{x \in \Omega : |f\left(x\right)| > s\right\} ds \\ &= \int_{0}^{\infty} \varphi\left(s\right) d_{|f|}\left(s\right) ds. \end{split}$$

Applying the above lemma to the functions  $\varphi(s) = ps^{p-1}$  and  $\varphi(s) = ke^{ks}$  respectively we immediately get the following corollary.

**Corollary 5.9** For every measurable function  $f : \Omega \to \mathbb{C}$  we have:

1.

$$\int_{\Omega} |f|^{p} d\mu = p \int_{0}^{\infty} s^{p-1} d_{|f|}(s) ds$$
(30)

for all  $1 \leq p < \infty$ ;

2.

$$\int_{\Omega} \left( e^{k|f|} - 1 \right) d\mu = k \int_{0}^{\infty} e^{ks} d_{|f|}(s) \, ds \tag{31}$$

for all  $k \in \mathbb{R}$ .

Now we return to BMO-functions on  $\mathbb{R}^n$ . Suppose that Q is a cube in  $\mathbb{R}^n$  and that  $f \in BMO(Q)$ . For notational convenience we denote the distribution function of  $|f - f_Q|$  on Q simply by d. By the John-Nirenberg theorem, this distribution function d satisfies

$$d\left(\lambda\right) \le Cm\left(Q\right)\exp\left(\frac{-c\lambda}{\|f\|_{BMO}}\right) \tag{32}$$

for all  $\lambda > 0$ , where c, C > 0 are two constants depending only on n.

**Proposition 5.10** There exist constants  $c_1, c_2 > 0$ , only depending on n, such that for all  $k < c_2$  and all  $f \in BMO(Q)$  we have

$$\frac{1}{m(Q)} \int_{Q} \exp\left(\frac{k}{\|f\|_{BMO}} |f - f_Q|\right) dx \le c_1.$$

**Proof.** Let c > 0 denote the same constant as in (32) and take  $c_2 = \frac{c}{2}$ . Fix a function  $f \in BMO(Q)$  and denote the distribution function of  $|f - f_Q|$  by d. Take  $k < c_2$ . Using (31) and the estimate (32) we find that

$$\begin{split} &\int_{Q} \left[ \exp\left(\frac{k}{\|f\|_{BMO}} \left| f - f_{Q} \right| \right) - 1 \right] dx \\ &= \frac{k}{\|f\|_{BMO}} \int_{0}^{\infty} \exp\left(\frac{k}{\|f\|_{BMO}} s\right) d\left(s\right) ds \\ &\leq \frac{k}{\|f\|_{BMO}} Cm\left(Q\right) \int_{0}^{\infty} \exp\left(\frac{k}{\|f\|_{BMO}} s\right) \exp\left(\frac{-c}{\|f\|_{BMO}} s\right) ds \\ &\leq \frac{k}{\|f\|_{BMO}} Cm\left(Q\right) \int_{0}^{\infty} \exp\left(\frac{-c}{2 \|f\|_{BMO}} s\right) ds \\ &= \frac{k}{\|f\|_{BMO}} Cm\left(Q\right) \frac{2 \|f\|_{BMO}}{c} \leq Cm\left(Q\right). \end{split}$$

This implies that

$$\int_{Q} \exp\left(\frac{k}{\|f\|_{BMO}} |f - f_Q|\right) dx \le (C+1) m(Q)$$

and so we can take  $c_1 = C + 1$ .

Another consequence of the John-Nirenberg theorem is the following proposition.

**Proposition 5.11** For every  $1 \leq p < \infty$  there exists a constant  $C_p$ , only depending on n and p, such that for any closed cube  $Q \subseteq \mathbb{R}^n$  and all  $f \in BMO(Q)$  we have

$$\left(\frac{1}{m(Q)}\int_{Q}|f-f_{Q}|^{p}\,dx\right)^{\frac{1}{p}} \leq C_{p}\,\|f\|_{BMO}\,.$$

**Proof.** Take  $f \in BMO(Q)$  and let d be the distribution function of  $|f - f_Q|$  on Q. Then it follows from (30) and (32) that

$$\int_{Q} \left| f - f_{Q} \right|^{p} dx = p \int_{0}^{\infty} s^{p-1} d\left(s\right) ds$$

$$\leq pCm\left(Q\right) \int_{0}^{\infty} s^{p-1} \exp\left(\frac{-cs}{\|f\|_{BMO}}\right) ds$$

$$= pCm\left(Q\right) \frac{\|f\|_{BMO}^{p}}{c^{p}} \int_{0}^{\infty} s^{p-1} e^{-s} ds$$

$$= C_{p}^{p}m\left(Q\right) \|f\|_{BMO}^{p},$$

which implies the result of the proposition.  $\blacksquare$ 

**Corollary 5.12** Let  $\Omega \subseteq \mathbb{R}^n$  be open and  $f \in L^1_{loc}(\Omega)$ . The following statements are equivalent:

- 1.  $f \in BMO(\Omega)$ ;
- 2. for all (some)  $1 \leq p < \infty$  we have

$$\sup_{\substack{Q \in \mathcal{Q} \\ Q \subseteq \Omega}} \left( \frac{1}{m(Q)} \int_{Q} |f - f_{Q}|^{p} dx \right)^{\frac{1}{p}} < \infty$$
(33)

Moreover, (33) defines an equivalent norm on  $BMO(\Omega)$ .

**Proof.** First assume that  $f \in BMO(\Omega)$  and let  $1 \leq p < \infty$  be given. Then it is clear from the definition that  $f \in BMO(Q)$  for any closed cube  $Q \subseteq \Omega$  with  $||f||_{BMO(Q)} \leq ||f||_{BMO(\Omega)}$ . Now it follows from Proposition 5.11 that

$$\left(\frac{1}{m(Q)}\int_{Q}|f-f_{Q}|^{p}\,dx\right)^{\frac{1}{p}} \leq C_{p}\,\|f\|_{BMO(Q)} \leq C_{p}\,\|f\|_{BMO(\Omega)}\,,$$

which implies 2.

Now assume that  $f \in L^1_{loc}(\Omega)$  is such that (33) is satisfied for some  $1 \leq p < \infty$ . Since

$$\frac{1}{m(Q)} \int_{Q} |f - f_Q| \, dx \le \left(\frac{1}{m(Q)} \int_{Q} |f - f_Q|^p \, dx\right)^{\frac{1}{p}}$$

for any closed cube  $Q \subseteq \Omega$ , it follows immediately that  $f \in BMO(\Omega)$ . The final statement of the corollary is now also clear form the proof.

Before formulating the next result we recall the following definition. Let  $(\Omega, \mathcal{A}, \mu)$  be a measure space and suppose that  $f : \Omega \to \mathbb{C}$  is a measurable function such that  $d_{|f|}(\lambda) < \infty$  for some  $\lambda > 0$ . The decreasing rearrangement  $f^* : (0, \infty) \to [0, \infty)$  of |f| is then defined by

$$f^{*}(t) = \inf \left\{ \lambda > 0 : d_{|f|}(\lambda) < t \right\}$$

for all t > 0. The function  $f^*$  is decreasing, left-continuous and equimeasurable with |f| (i.e., the functions  $f^*$  and |f| have the same distribution function).

**Proposition 5.13** Let  $Q \subseteq \mathbb{R}^n$  be a closed cube and  $f \in BMO(Q)$ . Then

$$\left(f - f_Q\right)^*(t) \le \frac{\|f\|_{BMO}}{c} \log^+\left(\frac{Cm\left(Q\right)}{t}\right)$$

for all t > 0, where c, C > 0 are constants depending only on n.

**Proof.** Take  $f \in BMO(Q)$  and denote the distribution function of  $|f - f_Q|$  by  $d(\lambda)$ . Using (32) it follows that

$$(f - f_Q)^*(t) = \inf \{\lambda > 0 : d(\lambda) < t\}$$

$$\leq \inf \left\{\lambda > 0 : Cm(Q) \exp\left(\frac{-c\lambda}{\|f\|_{BMO}}\right) < t\right\}$$

$$= \inf \left\{\lambda > 0 : -\frac{c\lambda}{\|f\|_{BMO}} < \log\left(\frac{t}{Cm(Q)}\right)\right\}$$

$$= \inf \left\{\lambda > 0 : \lambda > \frac{\|f\|_{BMO}}{c} \log\left(\frac{Cm(Q)}{t}\right)\right\}$$

$$= \frac{\|f\|_{BMO}}{c} \log^+\left(\frac{Cm(Q)}{t}\right),$$

and we are done.  $\blacksquare$